

Barroom Boogie

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Beginner
编舞者: Linda De Ford (USA) & Linda Brinkley (USA)
音乐: Strokin' - Clarence Carter



HIP SHAKES

1-2 With feet together, shake hip to right twice
3-4 Shift weight to left, and shake hip to left twice

Alternative: hip shakes right-left-right-left

FORWARD WALK WITH HEEL TAP

5-8 Step forward right-left-right; tap left heel forward

BACKWARD WALK WITH TOE TAP

9-12 Step back left-right-left; tap right toe back

FORWARD WALK WITH HEEL TAP

13-16 Step forward right-left-right; tap left heel forward

STEP, SLIDE, STEP, SLIDE TO LEFT

17-20 Step left to side; slide right together. Repeat.

STEP, SLIDE, STEP, SLIDE TO RIGHT

21-24 Step right to side; slide left together. Repeat.

HEEL SWIVELS

25-28 Swivel heels to right, center, left, then right

KNEE BENDS AND ARM PULLS

29-32 Put arms straight out; bend knees while pulling arms in to the body (ladies yell "woo"). Stand straight while putting arms back out. Bend knees while pulling arms in.

MORE SWIVELS, KNEE BENDS, AND ARM PULLS

33-36 Swivel heels to left. Repeat steps 29-32. (men yell "whoa" when pulling arms in to body)

STEP, TURN, STOMP, CLAP

37-40 Step right; turn ¼ to the left; stomp right foot; clap.

REPEAT
