

Barndance

拍数: 32 墙数: 4 级数: Improver
编舞者: Gunilla Sjönell
音乐: Barndance - Mike Flanagan



RIGHT TOE TOUCH, HEEL, HOOK, STEP, LEFT TOE TOUCH, HEEL, HOOK, TOUCH LEFT, FORWARD LOCK STEP, RIGHT FORWARD LOCK STEP

1&2& Touch right toe beside left foot, heel beside left foot, hook right over left, step right foot in place
3&4& Touch left toe beside right foot, heel beside right foot, hook left over right, touch left foot in place
5&6 Step left forward, lock right behind left, step left forward
7&8 Step right forward, lock left behind right, step right forward

LEFT BACK LOCK STEP, RIGHT BACK LOCK STEP, TURN ¼ LEFT, LEFT SHUFFLE, RIGHT SCUFF FORWARD, TURN ¼ LEFT, RIGHT SCUFF BACK

1&2 Step left back, lock right in front of left, step left back
3&4 Step right back, lock left in front of right, step right back
5&6 Turn ¼ left, shuffle left, right, left
7&8 Scuff right forward, turn ¼ left, scuff right back

RIGHT BACK SHUFFLE, LEFT SCUFF BACK, TURN ¼ LEFT, LEFT SCUFF FORWARD, LEFT FORWARD SHUFFLE, RIGHT SCUFF FORWARD, TURN ¼ LEFT, RIGHT SCUFF BACK

1&2 Right shuffle back, right, left, right
3&4 Scuff left back, turn ¼ left, scuff left forward
5&6 Left shuffle forward, left, right, left
7&8 Scuff right forward, turn ¼ left, scuff right back

RIGHT BACK SHUFFLE, LEFT SCUFF BACK, TURN ¼ LEFT, LEFT SCUFF FORWARD, LEFT FORWARD SHUFFLE, STOMP RIGHT, LEFT

1&2 Right shuffle back, right, left, right
3&4 Scuff left back, turn ¼ left, scuff left forward
5&6 Left shuffle forward, left, right, left
7-8 Stomp right foot in place, stomp left foot in place

REPEAT

I would dedicate this to Trelleborg Country Linedancers, Josef and Liselott who give us so many young and old, inspiration to dance and have fun on the dance floor.
