

Barefootin' Alabama Style

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Fran Chelius (USA)
音乐: Barefootin' - Alabama



Third Place in Country Newcomer/Novice choreography competition at JG2 Marathon 2004

WALK, WALK, WALK, HITCH, STEP, HITCH, STEP, HITCH

1-2 Step forward on right foot, step forward on left foot
3-4 Step forward on right foot, hitch left knee and clap
5-6 Step left foot forward, hitch right knee and clap
7-8 Step right foot forward, hitch left knee and clap

CHARLESTON

1-2 Step left foot forward, hold
3-4 Swing right foot forward and touch, hold
5-6 Swing right foot home placing weight on right foot, hold
7-8 Swing left foot back and touch, hold

VINE LEFT WITH ¼ TURN LEFT, HALF COUNT ½ PIVOT LEFT

1-2 Step left foot to left side, step right foot behind left
3-4 Step left foot to left side turning ¼ turn left, hold
5-6 Step forward on right foot, hold
7-8 Turn ½ to left switching weight to left foot, hold

LONG SLIDE FORWARD ON 45 (OR FULL TURN LEFT), RIGHT HEEL FAN, LEFT HEEL FAN

1-2 Step long step forward to right diagonal with right foot
3-4 Slide left foot up to meet right and place weight on left

Optional:

1-4 Full turn to left with hold on 4 stepping forward on right diagonal
5-6 Fan right heel to right side, bring right heel home and place weight on right
7-8 Fan left heel to left side, bring left heel home and place weight on left

REPEAT