

Bar Isn't It

拍数: 64 墙数: 2 级数: Improver
编舞者: Michael Barr (USA)
音乐: Don't Fence Me In - Lari White



After a fun workshop in Sendai, Japan, we went dancing at this place called "Bar Isn't It"

HEEL-HOOK, HEEL-HOOK - VINE RIGHT WITH A TOUCH

1-4 Touch right heel forward; hook right heel across left shin; repeat counts 1-2
5-8 Step right side right; step left side right behind right; step right side right; touch left next to right

HEEL-HOOK, HEEL-HOOK - VINE LEFT WITH A TOUCH

1-4 Touch left heel forward; hook left heel across right shin; repeat counts 1-2
5-8 Step left side left; step right side left behind left; step left side left; touch right next to left

FORWARD TOE-HEEL, FORWARD TOE-HEEL - JAZZ BOX

1-2 Step ball of right forward; bring right heel down (weight right)
3-4 Step ball of left forward; bring left heel down (weight left, pointing left foot slightly left)
5-6 Step right forward crossing in front of left; step left back
7-8 Step right side right; step left forward

FORWARD TOE-HEEL, FORWARD TOE-HEEL - JAZZ BOX

1-8 Repeat steps 17-24

DIAGONAL KICK, VINE LEFT - DIAGONAL KICK, VINE RIGHT WITH ¼ TURN RIGHT

1-2 Kick right on the right diagonal (weight leaning back on left heel); step right side left behind left
3-4 Step left side left; step right side left in front of left
5-6 Kick left on the left diagonal (weight leaning back on right heel); step left side right behind right
7-8 Turn ¼ right and step right forward; step left forward

Styling: angle body to the diagonals you are kicking to, while leaning slightly back on the supporting foot

DIAGONAL KICK, VINE LEFT - DIAGONAL KICK, VINE RIGHT WITH ¼ TURN RIGHT

1-8 Repeat steps 33-40

STEP FORWARD, HOLD CLAP TWICE - STEP BACK, HOLD CLAP TWICE

1-2 Step right slightly forward on the right diagonal; hold and clap
3-4 Step left slightly forward on the left diagonal; hold and clap
5-6 Step right back and in; hold and clap
7-8 Step left back next to right; hold and clap

STEP RIGHT FORWARD, HOLD, ½ PIVOT LEFT, HOLD - REPEAT

1-4 Step right forward; hold; ½ pivot left (weight left); hold
5-8 Step right forward; hold; ½ pivot left (weight left); hold

REPEAT

ENDING

Back wall (8th pattern, song is coming to and end) do the first 16 counts, then:

1-4 Step forward right ; hold ; ½ pivot left; hold (facing the front)

