# Band Of Gold



拍数: 40 墙数: 4 级数: Intermediate

编舞者: Maggie Gallagher (UK)

音乐: Band Of Gold - The Dean Brothers



# SIDE, BEHIND & KICK & CROSS, CHASSE LEFT, BACK-ROCK

1-2&	Step right to sid	<ul> <li>e step left behind</li> </ul>	I right, step right to side
1 20	Olop right to sid	c, stop icit berinie	rigitt, stop rigitt to side

3&4 Low kick left to left diagonal, step left next to right, cross step right over left

Step left to side, step right together, step left to side

7-8 Rock back onto right, recover weight onto left

# 1/4 TURN, 1/2 TURN, TRIPLE 1/2 TURN, FORWARD-ROCK, SAILOR 1/4 RIGHT

1-2 Turn ¼ right and step onto right, turn ½ right and step back on left

Triple-step ½ turn right stepping right, left, right Sock forward onto left, recover weight onto right

7&8 Step left behind right, step right to side with ¼ turn right, step left in place

# BACK-ROCK, SLIDE, TOUCH, SIDE, TOUCH, BUMP, BUMP

1-2	Cross-rock right behind left, recover weight onto left (this should prepare you for the slide on

3, 4)

3-4 Large step right to side sliding left to meet right, touch left next to right

5-6 Step left to side, touch right next to left

7-8 Small step right to side bumping hips right, bump hips left

#### RIGHT, LEFT, CLAP, RIGHT SHUFFLE, FORWARD-ROCK, ½ TURN TRIPLE

&1-2 Step forward on right, stomp forward on left, clap hands

3&4 Step forward on right, step left together, step forward on right

5-6 Rock forward on left, recover weight onto right 7&8 Triple step ½ turn left stepping left, right, left

### RIGHT, LEFT, CLAP, RIGHT SHUFFLE, FORWARD-ROCK, 1/4 TOUCH

&1-2 Step forward on right, stomp forward on left, clap hands3&4 Step forward on right, step left together, step forward on right

Rock forward on left, recover weight onto rightStep ¼ turn left on left, touch right together

# **REPEAT**