

# Band Of Gold

**COPPER KNOB**  
STEPSHEETS

拍数: 40      墙数: 4      级数: Beginner  
编舞者: Combo  
音乐: Band of Gold - Freda Payne



## ROCK STEP, LOCK STEP LOCK, ROCK STEP, LOCK STEP LOCK

1-2            Rock forward on right, rock back on left  
3&4           Step back on right, cross left over right, step back on right  
5-6           Rock back on left, rock forward on right  
7&8           Step forward on left, slide right behind left, step forward left

## SIDE ROCK, CROSS & CROSS, SIDE ROCK, ¼ TURN RIGHT, LEFT SHUFFLE

9-10           Rock to right on right foot, rock onto left  
11&12        Cross right over left, step left to left side, cross right over left  
13-14        Rock onto left foot, rock onto right making a ¼ turn right  
15&16        Shuffle forward left, right, left

## ½ PIVOT TURN, FULL SPIN, SIDE BEHIND & CROSS, HOLD

17-18        Step forward right, pivot ½ turn left  
19&20        Full spin turning left on a right, left, right  
21-22        Step left to left, step right behind left  
23&24        Step left to left, cross right over left, hold

## ROCK STEP, ¼ TURN SAILOR, ROCK STEP, ¾ TURN RIGHT

25-26        Rock to left on left, rock onto right  
27&28        Step left behind right, step on right turning a ¼ turn left, step left to left  
29-30        Rock forward on right, rock back on left  
31&32        Make a ¾ turn right on a right, left, right

## ROCK STEP, COASTER STEP, FULL TURN PADDLE STEPS

33-34        Rock forward on left, rock back on right  
35&36        Step back on left foot, step together with right foot, step forward on left  
37            Pivot a ¼ turn left on ball of left foot as you touch right to right side  
38-39-40    Repeat step 37 to complete a full turn

**REPEAT**