

Banana Puddin'

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Michael Beck (USA)
音乐: Banana Puddin' - Southern Culture On the Skids



FOUR RIGHT HEEL TAPS 4 WITH FINGER SNAPS, Four LEFT HEEL TAPS WITH FINGER SNAPS

1-4 Swivel right foot to right side and do 4 heel taps while snapping right fingers four time

Styling: head is looking over right shoulder

5-8 Swivel left foot to left side and do 4 heel taps while snapping left fingers four times (right foot will automatically swivel back into place)

Styling: head is looking over left shoulder

WALK BACK, BACK, COASTER STEP, STEP, PIVOT, ½ TRIPLE TURN LEFT

9-10 Walk back left, right

11&12 Step back left, step right beside left, step forward left

13-14 Step forward right, pivot ¼ turn left

15&16 Triple step right-left-right making ½ turn left

ROCK STEP RECOVER, COASTER STEP, ROCK STEP RECOVER, ½ TRIPLE TURN RIGHT

17-18 Rock forward left, recover back right

19&20 Step back left, step right beside left, step forward left

21-22 Rock forward right, recover back left

23&24 Triple step right-left-right making ½ turn right

STEP TOES, HEELS DOWN WITH FINGER SNAPS, CROSS STEP TOES, HEELS DOWN WITH FINGER SNAPS, SIDE ROCK RECOVER, COASTER STEP

25-26 Step side left on left toes, heels down while snapping both left & right fingers

27-28 Cross right over left on toes, heels down while snapping both left & right fingers

29-30 Rock left foot to left side, replace weight onto right

31&32 Step back left, step right beside left, step forward left

STEP TOES, HEELS DOWN WITH FINGER SNAPS, CROSS STEP TOES, HEELS DOWN WITH FINGER SNAPS, SIDE ROCK RECOVER, COASTER STEP

33-34 Step side right on right toes, heels down while snapping both left & right fingers

35-36 Cross left over right on toes, heels down while snapping both left & right fingers

37-38 Rock right foot to right side, replace weight onto left

39&40 Step back right, step left beside right, step forward right

STEP, PIVOT ¼ RIGHT, ½ TRIPLE TURN RIGHT, KICK BALL CHANGE, ROCK, ROCK

41-42 Step forward left, pivot ¼ turn right

43&44 Triple step left-right-left making ½ turn right

45&46 Kick right foot forward, bring right foot home, step down onto left foot taking weight

47-48 Rock right side onto right foot, rock left side onto left foot taking weight

REPEAT
