

# Bailando 64

拍数: 64      墙数: 4      级数: Intermediate/Advanced  
编舞者: Chris Hodgson (UK)  
音乐: Bailando (Spanish Energia Radio Mix) - Loona



## SIDE ROCK / CROSS SHUFFLE / HINGE ½ TURN RIGHT / KICK AND TOUCH

1-2            Step right to right side, rock weight onto left  
3&4          Cross step right over left, step left to left side, cross step right over left  
5-6          Step left to left side, ½ hinge turn right on ball of left stepping right to right side  
7&8          Kick left forward, step left next to right, touch right toe to right side

## CROSS-UNWIND / STEP-½ TURN RIGHT / SHUFFLE / STEP ¾ TURN-TOUCH

1-2            Cross right over left, unwind ½ turn left (weight on right)  
3-4          Step forward on left, pivot ½ turn right  
5&6          Shuffle forward on left-right-left  
7-8          Step forward on right, ¾ turn left on ball of right touching left toes to left side

## DOUBLE CROSS SHUFFLE / SIDE ROCK / TRIPLE FULL TURN LEFT

1&            Cross step left over in front of right, step right slightly to right side  
2&            Cross step left over in front of right, step right slightly to right side  
3&            Cross step left over in front of right, step right slightly to right side  
4             Cross step left over in front of right  
5-6          Step right to right side, rock weight onto left  
7&8          Step in place on right-left-right making a full turn left

## BACK ROCK / TRIPLE ½ TURN / BACK ROCK / FORWARD COASTER STEP

1-2            Step back on left, rock weight forward onto right  
3&4          Step in place on left-right-left making ½ turn right  
5-6          Step back on right, rock weight forward onto left  
7&8          Step forward on right, step left next to right, step back on right

## SHUFFLE FORWARD / SIDE ROCK STEP LEFT AND RIGHT

1&2          Shuffle forward on left-right-left  
3-4          Step right to right side, rock weight onto left  
5&6          Shuffle forward on right-left-right  
7-8          Step left to left side, rock weight onto right

## CROSSING HIP WALKS (CUBAN HIP MOTION) / TOE TOUCHES / SIDE SWITCHES

1-2            Cross step left over right, step right slightly to right side  
3-4          Cross step left over right, step right slightly to right side  
**Use your hips on counts 1-4 above!**  
5-6          Touch left over across in front of right, touch left to left side  
&7          Step left next to right, touch right toes to right side  
&8          Step right next to left, touch left toes to left side

## ¼ TURN STEP WITH HIP BUMPS / STEP WITH HIP BUMPS / WALK TWICE / TRIPLE ½ TURN

1&2          Step forward on left making ¼ turn left bumping hips to left, bump hips right, bump hips left  
3&4          Step forward on right bumping hips to right, bump hips left, bump hips right  
5-6          Step forward on left, step forward on right  
7&8          Triple ½ turn right on left-right-left

**BACK ROCK / TRIPLE ¾ TURN / BACK ROCK / FORWARD COASTER STEP**

1-2 Step back on right, rock weight forward onto left

3&4 ¾ Triple turn to left on right-left-right

5-6 Step back on left, rock weight forward onto right

7&8 Step forward on left, step right next to left, step back on left

**REPEAT**

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