Baila Cha Cha



编舞者: Caryl Cusens (SA)

音乐: Dance With Me - Mary Mary



FORWARD AND BACKWARD CHA-CHA BASICS

1-2 Rock forward on left, recover back onto right

3&4 Mark time on the spot (left, right, left)

5-6 Rock back on right, recover forward onto left

7&8 Mark time on the spot (right, left, right)

CHA-CHA CROSS BASICS

9-10 Rock left diagonally across right, recover back onto right

11&12 Mark time on the spot (left, right, left)

13-14 Rock right diagonally across left, recover back onto left

15&16 Mark time on the spot (right, left, right)

1/2 PIVOT TURN RIGHT, WALK AND CLAP, 1/2 PIVOT TURN RIGHT, WALK AND CLAP

17-18 Step forward left, ½ turn to right onto right foot

19&20 Step forward left, clap twice

21-22 Step forward right, ½ turn to left onto left foot

23&24 Step forward right, clap twice

HIP ROCKS TO LEFT AND RIGHT, STEP 1/4 TURN RIGHT, TOUCH AND CHA-CHA-CHA

25&26 Rock left diagonal forward, rock back onto right, again onto left Rock right diagonal forward, rock back onto left, again onto right

29-30 Step left to side turning ¼ to right, touch right next to left

31&32 Cha-cha forward (right, left, right)

REPEAT