

Baha Rhythm

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Levi J. Hubbard (USA)
音乐: Good to Go to Mexico - Toby Keith



Start Dance 8 counts after the beat kicks in, on lyrics "baby if your good to go."

BASIC MAMBO FORWARD, BASIC MAMBO BACK, CHA-CHA FORWARD, TURNING SIDE SAMBA

- 1 Right - step (rock) forward, while slightly lifting left foot off floor & left - step back to floor
- 2 Right - step together
- 3 Left - step (rock) backward, while slightly lifting right foot off floor & right - step back to floor
- 4 Left - step together
- 5&6 Triple step forward stepping (right-left-right)
- 7 Left - turning $\frac{1}{4}$ turn right, step (rock) slightly out to side & right - step together
- 8 Left - cross step over right foot

SIDE SAMBA, SIDE-TOGETHER-FORWARD, $\frac{1}{2}$ PIVOT TURN LEFT, $\frac{1}{2}$ TURNING CHA-CHA

- 9 Right - step (rock) slightly out to side
- & Left - step together
- 10 Right - cross step over left foot
- 11 Left - step to side
- & Right - step together
- 12 Left - step forward
- 13 Right - step forward
- & Left - step together, while pivoting $\frac{1}{2}$ turn left
- 14 Right - step forward
- 15&16 Triple turn $\frac{1}{2}$ turn right and step (left-right-left)

BACK ROCK-RECOVER, STEP FORWARD, TOGETHER, TOE & TOE & HEEL & STEP, $\frac{1}{2}$ PIVOT TURN LEFT

- 17 Right - step (rock) backwards, while slightly lifting left foot off floor & left - step back to floor
- 18 Right - step together
- 19 Left - step forward & right - step together
- 20 Left - touch toe out to side & left - step together
- 21 Right - touch toe out to side & right - step together
- 22 Left - tap heel forward & left - step together
- 23 Right - step forward
- 24 On (balls of) both feet, pivot $\frac{1}{2}$ turn left

CHA-CHA FORWARD, SIDE SAMBAS TRAVELING FORWARD, STEP-TOGETHER-STEP

- 25&26 Triple forward stepping (right-left-right)
- 27 Left - step slightly out to side, slightly lifting right foot off floor & right - step back to floor
- 28 Left - step forward
- 29 Right - step slightly out to side, slightly lifting left foot off floor & left - step back to floor
- 30 Right - step forward
- 31 Left - step together & right - step together
- 32 Left - step slightly forward

REPEAT