

Badabing Boomba

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Karen Bleuer (USA)
音乐: La Bomba - Ricky Martin



ROCK STEPS, LOCK STEPS

12 Rock right to right, recover weight left
3&4 Step right forward, step left behind right, step right forward (you will naturally move on slightly right angle)
56 Rock left to left, recover weight right
7&8 Step left forward, step right behind left, step left forward

PIVOT ½ LEFT, RUN FORWARD, SIDE TOUCHES, ¼ PIVOT LEFT

12 Step right forward, pivot ½ turn left sliding left back to right and taking weight on left
3&4 Quickly walk forward right - left - touch right to right
5-8 Step right behind left touch left to left, step left in front of right, pivot ¼ turn left touching right back

HEEL & HEEL, HEEL & TOE, RIGHT SLIDE TO FRONT, SYNCOPATED HIP BUMPS

1&2 Touch right heel forward, step right beside left, touch left heel forward
3&4 Touch left heel forward, step left beside right, touch right toe back
5&6 Slide right forward beside left, hitch right knee slightly, touch right forward flat on the floor
&7&8 Keeping weight on left bump hips forward right - back left - forward right - back left

FRONT SAILOR, BACK SAILOR, 1 ¼ ROLLING TURN RIGHT

1&2 Step right in front of left, step left to left, replace right beside left
3&4 Step left behind right, step right to right, replace left beside right (touch right turning it ¼ right prepping for the turn)
5-8 Step right ¼ turn right, turn one full turn right in three counts stepping left - right - left (counts 6 7 8)

REPEAT
