

Bad To The Bone

拍数: 48 墙数: 0 级数:
编舞者: Tom West (CAN)
音乐: Bad To The Bone - George Thorogood



MONTEREY HOOK, TURN CHA-CHA, COASTERS FORWARD & BACK

1-2 Touch right toe to right side, turn $\frac{1}{2}$ turn to the right & hook right foot below left knee
3&4 Turning $\frac{1}{4}$ turn right cha-cha forward right, left, right
5&6 Step forward on left foot, close right foot beside left, step back on left foot
7&8 Step back on right foot, close left foot beside right, step forward on right foot

STEP, $\frac{1}{2}$ PIVOT & CHA-CHA-CHA, STEP, $\frac{1}{2}$ PIVOT & CHA-CHA-CHA

9-10 Step forward on left foot, pivot $\frac{1}{2}$ turn right on ball of left foot (weight forward on right foot)
11-12 Cha-cha forward left, right, left
13-14 Step forward on right foot, pivot $\frac{1}{2}$ turn left on ball of right foot (weight forward on left foot)
15&16 Cha-cha forward right, left, right

MONTEREY HOOK, TURN CHA-CHA, COASTERS FORWARD & BACK

17-18 Touch left toe to left side, turn $\frac{1}{2}$ turn backwards to the left & hook left foot below right knee
19&20 Turning $\frac{1}{4}$ turn left cha-cha forward left, right, left
21&22 Step forward on right foot, close left foot beside right, step back on right foot
23&24 Step back on left foot, close right foot beside left, step forward on left foot

HEEL & TOE TOUCHES, BACK $\frac{1}{2}$ TURN, TURN CHA-CHA, COASTER STEP

25-26 Tap right heel forward, touch right toe to right side
27&28 Touch right toe straight back, turn $\frac{1}{2}$ turn right on ball of left foot, step weight down on right foot
29&30 Turning $\frac{1}{4}$ backwards to the left & cha-cha back left, right, left
31&32 Step back on right foot, close left foot beside left, step forward on right foot

HEEL & TOE TOUCHES, BACK $\frac{1}{2}$ TURN, TURN CHA-CHA, COASTER STEP

33-34 Tap left heel forward, touch left toe to left side
35&36 Touch left toe straight back, turn $\frac{1}{2}$ turn left on ball of right foot, step weight down on left foot
37&38 Turning $\frac{1}{4}$ turn backwards to the right & cha-cha back right, left, right
39&40 Step back on left foot, close right foot beside left, step forward on left foot

DIAMOND POINT TURNS, BACK AND STAMP

41-42 Step forward and $\frac{1}{4}$ turn right on right foot, point left toe to left side
43-44 Step back and $\frac{1}{4}$ turn right on left foot, point right toe to right side
45-46 Step forward and $\frac{1}{4}$ turn right on right foot, point left toe to left side
47-48 Step back on left foot, stamp (stomp up) right foot beside left foot (weight remains on left)

REPEAT
