

Bad Frog, No Princess!

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Susan Brooks (USA)
音乐: No One Needs to Know - Shania Twain



RIGHT-ROCK FORWARD-SIDE-BEHIND-SHUFFLE

1-2 Rock forward on right, back on left
3-4 Rock to right side with right, rock left with left
5-6 Rock back on right foot, rock forward on left
7&8 Shuffle forward (right-left-right)

LEFT-ROCK FORWARD-SIDE-BEHIND-SHUFFLE

9-10 Rock forward on left, back on right
11-12 Rock to left side with left, rock right with right
13-14 Rock back on left foot, rock forward on right
15&16 Shuffle forward (left-right-left)

KICK KICK-ROCK STEP-SHUFFLE-PIVOT ½ RIGHT

17-18 Kick right foot forward, kick right foot to right side,
19-20 Rock back on right foot, forward on left
21&22 Shuffle forward on right, right left right
23-24 Step forward left, pivot ½ right (weight on right)

KICK KICK-ROCK STEP-SHUFFLE-PIVOT ½ LEFT

25-26 Kick left foot forward, kick left foot to left side,
27-28 Rock back on left foot, forward on right
29&30 Shuffle forward on left, left right left
31-32 Step forward right, pivot ½ left (weight on left)

RIGHT VINE, ¼ TURN RIGHT, VINE LEFT OR (OPTIONAL ROLLING VINE LEFT)

33-36 Step right to right side, step behind with left, step right ¼ turn right, touch left
37-40 Step left to left side, step right behind left, step left to left side, touch right

TWO 4 COUNT SHIMMIES RIGHT & LEFT (REST STEPS!)

41-44 Step right with right foot, shimmy shoulders, and draw left foot to right
45-48 Step left with left foot, shimmy shoulders, and draw right foot to left

REPEAT
