Bad Dawg!



拍数: 80 墙数: 4 级数: Advanced

编舞者: Jamie Phillips (USA) 音乐: Super Love - Exile



HEEL GRINDS, HEEL STANDS

- 1 Step right forward with weight on heel only toe turned in.
- & Keeping weight on right heel turn right toe out as if grinding heel into floor.
- 2 Step left back.
- 3 Stomp right next to left bending both knees.
- & Straighten legs and lift both toes off floor pointing outward.
- 4 Bring toes together and return to floor.
- 5-8 Repeat above 4 counts1-4 Repeat above 4 counts

HEEL, TOE TOUCHES WITH 1/4 TURN LEFT, 4 PUSH ITS

5-6	Touch right heel	to right side, '	touch tip of right t	oe to right side v	with right knee turne	d in and
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bent

&7 Step right next to left, touch tip of left toe to left side with left knee turned in and bent

&8 Step left next to right turning ¼ left, touch tip of right toe back

Step right forward shifting hips forward, shift hips back, shift hips forward

Step left forward shifting hips forward, shift hips back, shift hips forward

5-8 Repeat above 4 counts.

WALK BACK, TURN RIGHT ½, HITCHES, SHUFFLES

1-4	2 steps back right.	left.	turn right ½ with weight on le	ft. step	forward right, hitch left knee

5-6 Step left forward, hitch right knee

7&8 Right shuffle step forward.1&2 Left shuffle step forward.

3-4 Hitch right knee, step right forward

1/4 RIGHT PIVOT TURN, TRIPLE IN PLACE, 2 HEEL ROMPS

5&6 ½ pivot turn step left forward, with weight on left turn ½ right, step right in place

7&8 Step left, right, left in place.1 Touch right heel to 2:00.

Step right together, touch ball of left next to right
Step left back to 7:00, touch right heel to 2:00
Step right together, touch ball of left next to right

1/2 TURN RIGHT, FEET APART, RIGHT HEEL SWIVELS

&5	Step left in place, place ball of right back
6	Keeping feet where they are turn right ½

7-8 Step right next to left, step left to left so that feet are apart

&1 Keeping ball of right on floor lift right heel up and out to right side, return right heel to floor

&2 Repeat above heel swivel.

&3 Repeat heel swivel.

&4 Repeat heel swivel, head is bowed for the 4 heel swivels and the next 8 counts.

MASH BACKWARD SINGLE, SINGLE DOUBLE, AND REVERSE

- & Lift right foot slightly off floor and turn both toes in with weight on ball of left.
- 5 Step back right with weight on balls of both feet, turning toes out.

&	Lift left foot slightly off floor and turn both toes in with weight on ball of right.
6	Step back left with weight on balls of both feet, turning toes out.
&7	Repeat above with right foot.
&8	Keeping feet in above position lift both heels out to sides, heels in
1-4	Reverse above 4 counts. Starting with left foot.

STOMPS, SLAPS, STOMPS, CLAP

5-6	Stomp right forward, stomp left to left side
7-8	Slap right foot with left hand behind left knee, step right to right side
1-2	Slap left foot with right hand behind right knee, step left to left side
&3	Stomp right forward, stomp left to left side
4	Clant

Clap!

HEEL GRINDS, TURN RIGHT ¼, 4 SIDE STEPS

5	Place right heel forward with toe lifted and turned in.
6	Grinding right heel into floor turn right toe out and drop to floor.
7-8	Reverse above heel grind with left foot.
1&2	Repeat above heel grind with right foot turning ¼ right on &
3&4	Repeat heel grind with left foot. You are now facing a new wall ¼ right from original.
5	Step right to right side.
6-8	Keeping feet apart shift weight left, right, left

REPEAT