Backbones

拍数: 32   **墙数:** 0   **级数:**

编舞者: Bill Shepard (USA)

音乐: I Just Wanna Be Mad - Terri Clark

Position: To start the dance, face forward line of dance in sweet heart position. The hands stay joined for the entire song. The pattern is the same for both partners.

1	Touch the right heel forward
2	Touch the right toe next to left foot
3	Touch the right toe out to the right
4	Bring the right foot next to the left with weight
5	Touch the left toe out to the left
6	Touch the left toe next to the right foot
7	Touch the left heel forward
8	Bring the left foot next to the right with weight

QUARTER TURN TO THE RIGHT
9	Quarter turn to the right (outside the dance floor) and touch right heel forward
10	Right foot next to left with weight
11	Touch the left toe out to the left
12	Bring left foot in to the right with weight. To do the next move the left foot should be a little forward of the right

LEFT VINE WITH A QUARTER TURN
13	Right foot behind the left (line of dance)
14	Step left with the left foot as you quarter turn to the left (face line of dance)
15	Step forward on the right
16	Extended left heel touch forward

BACKWARDS HALF TURN
17	Step back with the left foot. Weight is on the left
18	Step back on the right as you turn a quarter turn to the right. Weight is on the right
19	Cross the left in front of the right as you turn a quarter turn to the right (back line of dance) step on the left foot. Weight is on the left
20	Extended right heel touch forward

BACKWARDS WEAVE
21	Step back and slightly to the right with the right foot (moving backwards to line of dance)
22	Cross the left foot in front of the right and step on the left with weight
23	Step back with the right foot with weight
24	Step to the left with the left foot with weight

STEP HALF TURN
25	Step forward with right foot (back line of dance)
26	Half turn to the left and end forward line of dance with weight on the left foot
27-28	Right kick-ball change
29-30	Right shuffle
31-32	Left shuffle

REPEAT