Back Walk (With Variations)



拍数: 16 墙数: 0 级数:

编舞者: Unknown

音乐: Only One You - T.G. Sheppard



Position: Individuals in lines, one line facing toward another, each person offset (gapped between members of the opposite line), & their crossing 'partner' in the opposing line positioned to the left of the gap.

HEEL, POINT, HEEL, POINT

1	Tap forward with right heel
2	Point-tap right toe to side
3	Tap forward with right heel
4	Point-tap right toe to side

TOE, SIDE, TOE, SIDE

1	Tap right toe behind left foot
2	Step to side with right foot
3	Tap left toe behind right foot
4	Step to side with left foot

CROSS, SIDE, STOMP, STOMP

1	Cross-step right foot behind left foot
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- 2 Step to side with left foot
- 3 Stomp right foot (without weight) beside left
- 4 Stomp right foot again (without weight) beside left

BACK-KICK, STEP, STEP, TOGETHER

1	Hop-step	back on	right foot.	kicking up	left knee & leg

- 2 Take large passing step forward with left foot
- 3 Pivoting ½ turn to left, take large passing step backward with right foot
- 4 Step-together with left foot beside right (transferring weight)

REPEAT

SINGLE SPIN VARIATION:

First 8 counts are the same, with counts 9-12 being as follows TURN, TURN, STOMP, STOMP

- 1 Pivoting forward ½ turn to left on left foot, step to side with right foot
- 2 Pivoting ½ turn backward to right on right foot, step to side with left foot
- 3 Stomp right foot (without weight) beside left
- 4 Stomp right foot (without weight) beside left (finishes with right hop-step back, left kick, and

crossing steps,)

DOUBLE SPIN VARIATION:

First 8 counts are the same, with counts 9-12 being as follows: TURN, TURN, TURN, TURN

- Pivoting forward ½ turn to left on left foot, step to side with right foot
 Pivoting ½ turn backward to right on right foot, step to side with left foot
- 3 Pivoting forward ½ turn to left on left foot, step to side with right foot
- Pivoting ½ turn backward to right on right foot, step to side with left foot (on next count, hopstep back on right foot-no stomps-kicking out with left, then crossing steps; be careful not to travel sideways too much on the double spin or you might overrun the next in line!)

