

Back To You

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Cheryl King
音乐: Back to You (MTV Unplugged Version) - Bryan Adams



RIGHT TOE, HEEL, TRIPLE STEP

- 1-2-3&4 Touch right toe to left instep, touch right heel to left instep, triple step on the spot right, left, right
5-6-7&8 Touch left toe to right instep, touch left heel to right instep, triple step on the spot left, right, left

RIGHT CROSS ROCK, TRIPLE STEP HALF TURN RIGHT

- 1-2-3&4 Cross right foot over left (weight on right) rock back on left foot (weight on left), triple step half turn right on right, left, right left cross rock, triple $\frac{3}{4}$ turn left
5-6-7&8 Cross left foot over right (weight on left) rock back on right, (weight on left) triple step $\frac{3}{4}$ turn left on left, right, left

RIGHT SIDE ROCK, CROSS SHUFFLE

- 1-2-3&4 Step right foot to right side, rock weight onto left foot, cross right foot over left, and bring left foot behind right, cross right foot over left. (weight on right)

LEFT SIDE ROCK, CROSS SHUFFLE

- 5-6-7&8 Step left foot to left side, rock weight onto right foot, cross left foot over right and bring right foot behind left, cross left foot over right, (weight on left)

TWO STEP VINE, SHUFFLE $\frac{1}{4}$ TURN

- 1-2-3&4 Step right foot to right side, cross left foot behind right, turn $\frac{1}{4}$ right on right, left, right

PIVOT $\frac{1}{2}$ TURN, FORWARD SHUFFLE

- 5-6-7&8 Step forward on left foot, pivot $\frac{1}{2}$ turn right, shuffle forward on left, right, left

MONTEREY TURNS TWICE

- 1-2-3-4 Touch right foot to right side, $\frac{1}{2}$ turn right on ball of left foot stepping down on right foot, touch left foot out to left side, bring left foot back next to right, (weight on left)
5-6-7-8 Repeat Monterey turn once more

FORWARD TOE STRUTS

- 1-2-3-4 Step forward on right toe, slap heel down, step forward on left toe, slap heel down

FORWARD ROCK/BACK SHUFFLE

- 5-6-7&8 Step forward on right foot, rock back onto left foot, shuffle back on right, left, right

BACK TOE STRUTS

- 1-2-3-4 Step back on left toe, take heel down, step back on right toe, take heel down

BACK ROCK/FORWARD SHUFFLE

- 5-6-7&8 Step back on left foot, rock forward on right foot, shuffle forward on, left, right, left

SIDE ROCK, SAILOR STEP

- 1-2-3&4 Step right foot to right side, rock weight onto left foot, cross right foot behind left and step left foot next to right foot, step slightly forward on right foot

FORWARD ROCK/ $\frac{3}{4}$ TURN

5-6-7&8

Step forward on left foot, rock back on right foot, turn $\frac{3}{4}$ turn left on left, right, left

REPEAT
