

# Back On The Move

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Mia Ekelund (SWE)  
音乐: Scrap Piece of Paper - Paul Brandt



## RIGHT CHASSÉ, LEFT COASTER STEP WITH ¼ TURN LEFT, WALK FORWARD RIGHT-LEFT, PADDLE TURNS ½ LEFT

1&2      Step right to right side, step left beside right, step right to right side  
3&      Make a ¼ turn left and step back on left, step right next to left  
4      Step forward on left  
5-6      Walk forward - right, left  
7      Make a ¼ turn left on ball of left foot and touch right toes to right side  
8      Make a ¼ turn left on ball of left foot and touch right toes to right side

## RIGHT CROSS, SIDE LEFT, RIGHT SAILOR STEP, LEFT CROSS, SIDE RIGHT, ¼ TURN LEFT, RIGHT TOUCH

1      Cross right over left  
2      Step left to left side  
3&4      Cross right behind left, step left to left side, step right to right side  
5      Cross left over right  
6      Step right to right side  
7      Make a ¼ turn left on ball of right foot, put left foot slightly next to right  
8      Touch right foot next to left

## SIDE JUMPS, RIGHT COASTER STEP, LEFT SHUFFLE FORWARD

&      Step right to right side (weight on right)  
1      Touch left foot next to right (weight on right)  
2      Transfer weight onto left and touch right next to left  
&      Step right to right side (weight on right)  
3      Touch left foot next to right (weight on right)  
4      Transfer weight onto left and touch right next to left  
5&6      Step back on right, step left beside right, step forward on right  
7&8      Step forward on left, step right beside left, step forward on left

## FORWARD, ¼ TURN, RIGHT SAILOR STEP, LEFT COASTER STEP WITH ¼ TURN LEFT, WALK FORWARD RIGHT-LEFT

1-2      Step forward on right, make a ¼ turn left  
3&4      Cross right behind left, step left to left side, step right to right side  
5&      Make a ¼ turn left and step back on left, step right next to left  
6      Step forward on left  
7-8      Walk forward - right, left

REPEAT