

Back On The Move

拍数: 32 墙数: 4 级数: Beginner
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音乐: Scrap Piece of Paper - Paul Brandt



RIGHT CHASSÉ, LEFT COASTER STEP WITH ¼ TURN LEFT, WALK FORWARD RIGHT-LEFT, PADDLE TURNS ½ LEFT

1&2 Step right to right side, step left beside right, step right to right side
3& Make a ¼ turn left and step back on left, step right next to left
4 Step forward on left
5-6 Walk forward - right, left
7 Make a ¼ turn left on ball of left foot and touch right toes to right side
8 Make a ¼ turn left on ball of left foot and touch right toes to right side

RIGHT CROSS, SIDE LEFT, RIGHT SAILOR STEP, LEFT CROSS, SIDE RIGHT, ¼ TURN LEFT, RIGHT TOUCH

1 Cross right over left
2 Step left to left side
3&4 Cross right behind left, step left to left side, step right to right side
5 Cross left over right
6 Step right to right side
7 Make a ¼ turn left on ball of right foot, put left foot slightly next to right
8 Touch right foot next to left

SIDE JUMPS, RIGHT COASTER STEP, LEFT SHUFFLE FORWARD

& Step right to right side (weight on right)
1 Touch left foot next to right (weight on right)
2 Transfer weight onto left and touch right next to left
& Step right to right side (weight on right)
3 Touch left foot next to right (weight on right)
4 Transfer weight onto left and touch right next to left
5&6 Step back on right, step left beside right, step forward on right
7&8 Step forward on left, step right beside left, step forward on left

FORWARD, ¼ TURN, RIGHT SAILOR STEP, LEFT COASTER STEP WITH ¼ TURN LEFT, WALK FORWARD RIGHT-LEFT

1-2 Step forward on right, make a ¼ turn left
3&4 Cross right behind left, step left to left side, step right to right side
5& Make a ¼ turn left and step back on left, step right next to left
6 Step forward on left
7-8 Walk forward - right, left

REPEAT
