

Back On Holiday

COPPER KNOB
STYRETSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Glen Pospieszny (USA)
音乐: Back On Holiday - Robbie Nevil



Dance starts with feet slightly spread apart

LEGS CROSSED, LEGS UNCROSSED, LEGS CROSSED, LEGS UNCROSSED, RIGHT HEEL SWIVELS

- 1 Small hop to left crossing right over left (right & left hand follows right & left feet optional - head down)
- 2 Small hop in place uncrossing our legs (head snaps up)
- 3 Small hop to left crossing right over left (right & left hand follows right & left feet optional - head down)

Counts 1 & 3 should be a collapsing effect (as if you were deflated then inflated)

- 4 Small hop in place uncrossing our legs (head snaps up)
- 5-8 Keeping weight on the left, fan right heel in and out 4 times (right hand should move in a fanning motion along with right foot)

½ TURN RIGHT, KICK LEFT, STEP LEFT, POINT RIGHT, STEP RIGHT, KICK LEFT, STEP LEFT, POINT RIGHT, (HEAD SWAY TO LEFT ON COUNTS 4 & 6), KICK RIGHT, STEP BACK RIGHT, STEP BACK LEFT

- 1 Touch right toe back
- 2 Turn ½ right (right takes weight)
- 3&4 Kick left, step left, point right (head sway to left on count 4)
- &5&6 Step right, kick left, step left, point right (head sway to left on count 6)
- 7&8 Kick right, step right back, step left back

Move forward with each kick ball point then strike some kind of pose on counts 4 & 6. Also, on counts 7 & 8 add a very subtle body wave.

STEP RIGHT ¼ RIGHT, STEP LEFT FORWARD, STEP RIGHT 1/8 CROSSING RIGHT OVER LEFT, STEP LEFT 1/8, CROSS RIGHT BEHIND LEFT, UNWIND TO THE RIGHT ½, CROSS LEFT OVER RIGHT, TOUCH RIGHT TO RIGHT SIDE

- 1 Step right ¼ turn to right
- 2 Step left forward
- 3 Step right 1/8 turn to right as you cross right over left (bend knees slightly)
- 4 Step 1/8 left to left side
- 5 Cross right behind left
- 6 Unwind ½ turn to right
- 7 Cross left over right
- 8 Touch right slightly to right

Walk with a lot of "bad" attitude. On the cross unwind (½) you can jump out instead of a slow turn.

ROGER RABBITS/MASHED POTATOES (GOING BACK) RIGHT, LEFT, RIGHT, LEFT, PIVOT TURN, ¼ TURN LEFT

- &1&2 Roger rabbits back right, left (or mashed potatoes going back)
- &3&4 Roger rabbits back right, left (or mashed potatoes going back)
- 5 Step right forward
- 6 Pivot ½ turn left
- 7 Hitch right behind left knee (head should be turned downward)
- 8 Turn ¼ left (should look as if right is pulling left on the ¼ turn, end with feet slightly apart pop head up)

Instead of Roger Rabbits, try traveling mash potatoes going back, or camel walks back, or whatever you think looks cool; on the ¼ turn right pop out on count 8.

REPEAT

