

# Back For More

拍数: 0      墙数: 2      级数: Intermediate/Advanced  
编舞者: Jenny Leigh (AUS)  
音乐: Saturday Night - Shirley Myers



Sequence: AB, ABC, AB

## PART A

### ROCK, FLICK, BACK, KICK, COASTER STEP, TOGETHER, SIDE FLICK SLAP, TOUCH, FLICK SLAP STEP TOUCH

- 1-4      Rock forward on right, flick left foot behind right, step back on left, kick right foot forward  
5-8      Step back on right, step left beside right, step forward on right, step left forward taking weight on left
- 1-2      Step right to right side, flick left foot behind right slapping left foot with right hand  
3-4      Touch left foot to left side, flick left foot behind right slapping left foot with right hand  
5-6      Step left to left, touch right beside left

### HEEL, TOE, HEEL, TOE, HEEL, LIFT, HEEL, LIFT, STEP, HOLD, ½ TURN, HOLD, STEP, TAP

- 1-4      Step right heel forward, slap right toe down, step left heel forward, slap left toe down  
5-8      Touch right heel forward, boot lift right foot across left knee, touch right heel forward, boot lift right foot across left knee
- 1-2      Step right forward, hold  
3-4      ½ pivot turn left, hold  
5-6      Step left back beside right, tap right beside left

### ROCK, FLICK, BACK, KICK, COASTER STEP, TOGETHER, SIDE FLICK SLAP, TOUCH, FLICK SLAP STEP TOUCH

- 1-4      Rock forward on right, flick left foot behind right, step back on left, kick right foot forward  
5-8      Step back on right, step left beside right, step forward on right, step left forward taking weight on left
- 1-2      Step right to right side, flick left foot behind right slapping left foot with right hand  
3-4      Touch left foot to left side, flick left foot behind right slapping left foot with right hand  
5-6      Step left to left, touch right beside left

### HEEL, TOE, HEEL, TOE, HEEL, LIFT, HEEL, LIFT, STEP, HOLD, ¼ TURN, HOLD, BACK, FORWARD

- 1-4      Step right heel forward, slap right toe down, step left heel forward, slap left toe down  
5-8      Touch right heel forward, boot lift right foot across left knee, touch right heel forward, boot lift right foot across left knee
- 1-2      Step right forward, hold  
3-4      ¼ pivot turn left, hold  
5-6      Rock back on right, rock forward onto left

## PART B

### STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF, STEPPING BACK, RIGHT 45 TOGETHER LEFT 45 TOGETHER, RIGHT 45 TOGETHER, LEFT 45 TOGETHER

- 1-4      Step right forward. Lock left behind right, step right forward, scuff left beside right  
5-8      Step left forward, lock right behind left, step left forward, scuff right beside left

- 1-4 Step right back 45 degrees right, touch left beside right, step left back at 45 degrees left, touch right beside left
- 5-8 Step right back 45 degrees right, touch left beside right, step left back at 45 degrees left, touch right beside left

**STEP RIGHT SIDE, HOLD 2.3.4, ½ HINGE TURN LEFT, HOLD 2.3.4, ¼ TURN LEFT, HOLD 2.3.4 JAZZ BOX, HEEL SPLITS**

- 1-4 Step right to right side, hold, hold, hold
- 5-8 Step left ½ hinge turn to left, hold, hold, hold
  
- 1-4 Step right ¼ turn to left, hold, hold, hold
- 5-8 Cross left over right, step right back, step left to left, step right beside left (jazz box)
- 1-4 Split heels apart, together, apart, together (option: applejacks)

**RIGHT VINE & HITCH, LEFT VINE ½ HITCH, KICK, KICK, TOE, HEEL, KICK, KICK, TOE, HEEL**

- 1-4 Vine to right hitching left foot on 4th count
- 5-8 Step left to left, step right behind left, step left onto ½ turn left, hitch right leg
  
- 1-4 Kick right foot forward twice, step right toe back, slap right heel down
- 5-8 Kick left foot forward twice, step left toe back, slap right heel down

**STEP RIGHT, SCOOT, STEP LEFT, SCOOT, STEP, ½ TURN, STEP, HOLD, STEP OUT, OUT, IN, IN, FORWARD, FORWARD**

- 1-4 Step back right, scoot back on right, step back left, scoot back on left
- 5-8 Rock back on right, rock forward on left, step forward on right, hold
  
- 1-4 Step forward on left, ½ pivot turn right, step left beside right, hold
- 1-2 Stepping feet apart, step right to right side, step left to left side
- 3-4 Step right back 45 degrees to center, step left back 45 degrees to center (feet now together)
- 5-6 Step right forward, step left beside right

**STEP FORWARD, ½ TURN, TOGETHER, HOLD, STEP FORWARD, ½ TURN, TOGETHER, HOLD**

- 1-4 Step right forward, ½ pivot turn left, step right beside left, hold
- 5-8 Step left forward, ½ pivot turn right, step left beside right, hold

**PART C**

- 1-70 Dance all of Part B except the last 8 counts
- 71-74 Step right forward, ½ turn to left, step right forward, ¼ pivot turn to left

**FINISH**

**The dance will finish to the front, to finish it off repeat the following steps**

- 1-2 Stepping feet apart, step right to right side, step left to left side
  - 3-4 Step right back 45 degrees to center, step left back 45 degrees to center (feet are together)
  - 5-6 Step right forward, step left beside right
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