

Bega Does Mambo

拍数: 32 墙数: 4 级数: Improver
编舞者: Craig Bennett (UK)
音乐: Mambo Mambo - Lou Bega



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|-------|--|
| 1&2 | Rock right to right side, in place on left and step right across left |
| 3&4 | Rock left to left side, in place on right and step left across right |
| 5&6 | Rock right to right side, in place on left-completing a half turn over the left shoulder-step on right foot |
| 7&8 | Rock left back, in place on right and step left foot forward |
| 9-10 | Step right to right side, step left together |
| 11&12 | Rock right to right side, in place on left the step right across left |
| 13-14 | Step left to left side, step right together |
| 15&16 | Rock left to left side, right in place and step left across right |
| 17&18 | Right shuffle forward |
| 19-20 | Roll hips |
| 21&22 | Left shuffle back |
| 23-24 | Roll hips |
| 25&26 | Rock right to right side, in place on left and step right foot forward completing a quarter turn to the left |
| 27&28 | Left shuffle forward |
| 29-32 | Ski bumps to the right - left - right and cross left over right |

REPEAT
