

Before You Dance

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver social cha
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音乐: Before You Lie - Chely Wright



LEFT SLIDE, LEFT TRIPLE STEP, KICK, HOOK (¼ TURN), TRIPLE STEP

1 Slide step left foot on left side
2 Step right foot to left
3&4 Left side triple step (left, right, left)
5 Right foot kick (on left diagonal)
6 Hook (with right foot & turn ¼ right)
7&8 Triple step forward (right, left, right)

STEP TURN ½, TRIPLE STEP, STEP TURN ½, TRIPLE STEP (½ TURN)

1 Step left forward
2 Right turn ½ (weight on right foot)
3&4 Left triple step forward
5 Step right forward
6 Left turn ½
7&8 Right triple step (½ turn left)

BACK ROCK STEP, TRIPLE STEP, FULL TURN, TRIPLE STEP

1 Left foot behind right foot
2 Weight on right foot
3&4 Triple step forward (left, right, left)
5-6 Left full turn (right forward, left)
7&8 Triple step forward (right, left, right)

STEP TURN ½, TRIPLE STEP, STEP TURN ¾, TRIPLE STEP

1 Step left forward
2 Right turn ½ (weight on right foot)
3&4 Triple step forward (left, right, left)
5 Step right forward
6 Left ¾ turn (weight on left foot)
7&8 Triple step forward (right, left, right)

REPEAT
