

Before The Devil

拍数: 32 墙数: 4 级数: Improver
编舞者: Alan Birchall (UK)
音乐: If You're Going Through Hell (Before the Devil Even Knows) - Rodney Atkins



ROCK, RECOVER, CROSS SHUFFLE, TURN ½ RIGHT, LEFT SHUFFLE

1-2 Rock right to side, recover on left
3&4 Cross right over left, step left to side, cross right over left
5-6 Turn ¼ right and step left back, turn ¼ right and step right to side (6:00)
7&8 Step left forward, step right together, step left forward

WALK FORWARD, KICK BALL STEP, FRONT, SIDE ¼ SAILOR TURN

9-10 Step right forward, step left forward
Alternative: full turn left
11&12 Kick right forward, step right together, step left forward
13-14 Cross right over left, step left to side
15&16 Turn ¼ right and sweep right front to back and step right back, step left together, step right forward (9:00)

FULL TURN LEFT, HEEL SWITCHES & CLAPS

17-18 Turn ¼ left and step left forward, turn ¼ left and step right back
19-20 Turn ¼ left and step left to side, turn ¼ left and step right forward
Alternative: four walks forward. Weight ends on right
21& Touch left heel forward, step left together
22& Touch right heel forward, step right together
23 Touch left heel forward
&24 Clap, clap

ROCK, RECOVER, FULL TRIPLE TURN, FRONT, SIDE, BEHIND, SIDE, CROSS

&25-26 Step left together, rock right forward, recover on left
27&28 Triple in place turning a full turn right stepping right, left, right
Alternative: right coaster step
29-30 Cross left over right, step right to side
31&32 Cross left behind right, step right to side, cross left over right

REPEAT
