

Beer Run

拍数: 32 墙数: 4 级数: Improver
编舞者: Vivienne Scott (CAN)
音乐: Beer Run - Garth Brooks & George Jones



See also circle dance version of this dance

HIP BUMPS ON RIGHT FOOT, THEN LEFT

- 1-2 Step right foot forward bumping right hip forward, bump left hip back
- 3-4 Bump right hip forward, bump left hip back
- 5 Bump right hip forward, stepping left foot forward
- 6 Transfer weight to left foot while bumping left hip forward
- 7-8 Bump right hip back, left hip forward (weight on left)

TWO STEP SCUFFS FORWARD, FOUR STEPS BACK

- 9-10 Step right foot forward, scuff left foot forward
- 11-12 Step left foot forward, scuff right foot forward
- 13-14 Step back right, step back left
- 15-16 Step back right, step back left (weight on left)

RIGHT VINE WITH HITCH ½ TURN, LEFT VINE WITH HITCH ½ TURN

- 17-18 Step right foot side right, step left behind right
- 19-20 Step right foot side right, hitch left knee making ½ turn to right on ball of right foot
- 21-22 Step left foot side left, step right behind left
- 23-24 Step left side left, hitch right knee making ½ turn to left on ball of left foot

STOMP RIGHT, LEFT, CLAPS, TWO STEPS WITH ¼ TURN

- 25-26 Stomp right foot side right, stomp left foot side left (feet slightly apart, weight even on both feet)
- 27 Slap hands on thighs (right on right thigh, left on left thigh)
- 28 Clap hands together
- 29 Touch hands on shoulders (right hand on right shoulder, left hand on left shoulder)
- 30 Claps hands together
- 31-32 Step right side right with ¼ turn right, step left beside right (weight on left)

REPEAT
