

# Beep Beep

拍数: 16      墙数: 4      级数: Beginner  
编舞者: Carrie (Mustang) Groeschel (USA) & Holly Susan (Boots) Groeschel (USA)  
音乐: Road Runner - Microwave Dave & The Nukes



Mustang was age 15 when she choreographed this dance. Boots is her mom.

## KICK BALL CHANGE & STOMPS

- 1                      Kick with the right foot forward
- &                      Step in place on right foot
- 2                      Step in place on left foot (weight left)
- 3                      Stomp right in place
- 4                      Stomp left in place

## FIGURE FOUR

(Draw an imaginary line/like a figure 8)

- 1                      Right foot & knee moves inward across left foot (toe downward)
- 2                      Right foot & knee moves outward
- 3                      Right foot & knee moves inward across left foot (toe downward)
- 4                      Right foot & knee moves outward - place down shoulder width from left

## BODY RIPPLE (SNAKE)

- 1                      Roll body to the right (head leads)
- 2                      Return to center
- 3                      Roll body to the left (head leads)
- 4                      Return to center

Body remains facing front

## ROCK STEP & BODY ROLL

- 1                      Rock back onto right foot (left doesn't move)
- 2                      Step forward onto left
- 3                      Begin ¼ turn left/begin hip roll
- 4                      Finish ¼ turn left/finish hip roll

REPEAT

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