

Been Good To Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Nancy Morgan (USA)
音乐: God's Been Good to Me - Keith Urban



SIDE ROCK, ROCK FORWARD AND BACK AND, CROSS, STEP BACK, SIDE SHUFFLE

1-2 Rock/step right foot to right side and back to left
3&4& Cross/rock right over left, rock back on left, rock/step back on right, step forward on left
5-6 Cross right over left, step back on left
7&8 Side shuffle to right - right, left, right

FORWARD ROCK, COASTER STEP, SKATE, SKATE, SHUFFLE FORWARD

1-2 Rock/step forward on left and back on right
3&4 Coaster step - step back on left, step back on right, step forward on left
5-6 Skate/skate - slide right foot on the floor towards 1:00, slide left foot on the floor towards 11:00
7&8 Shuffle forward - right, left, right

STEP, ½ TURN PIVOT, SHUFFLE FORWARD, SKATE, SKATE, FORWARD ROCK

1-2 Step forward on left, pivot ½ turn to your right (weight ends on right)
3&4 Shuffle forward - left, right, left
5-6 Skate/skate - slide right foot on the floor towards 1:00, slide left foot on the floor towards 11:00
7-8 Rock/step forward on right and back on left

COASTER STEP, ½ TURN, ¼ TURN, STEP, TOUCH

1&2 Coaster step - step back on right, back on left, forward on right
3-4 Step forward on left, pivot ½ turn to your right (weight is on right)
5-6 Step forward on left, pivot ¼ turn to your right (weight is on right)
7-8 Step left forward, touch right toe next to left instep

REPEAT
