

Beautiful Day

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: The Slick Chixx
音乐: What a Beautiful Day - Chris Cagle



ROCK BACK, FORWARD, SHUFFLE $\frac{1}{4}$, STEP PIVOT $\frac{1}{2}$ WALK WALK

1-2 Rock back on left, forward onto right
3&4 Step left together with right, step left $\frac{1}{4}$ turn left
5-6 Step forward right, pivot $\frac{1}{2}$ turn right
7-8 Walk forward right, left

RIGHT LOCK STEP, KICK & TOUCH, TOUCH FRONT, SIDE, MONTEREY TURN, TOUCH

1&2 Step forward right, lock left behind right step forward right
3&4 Kick left, step left beside right, touch right to right side
5-6 Touch right foot to front, then to right side
7-8 $\frac{1}{2}$ turn right, touch left to left side

ROCK $\frac{1}{4}$ TURN, ROCK FORWARD, BACK, RIGHT SAILOR, TOUCH BEHIND UNWIND $\frac{3}{4}$ LEFT

1&2 Rock forward on left, rock back onto right turn a $\frac{1}{4}$ left onto left
3-4 Rock forward on right, back onto left
5&6 Step right behind left, step left to left side & right to right side
7-8 Touch left behind right, unwind $\frac{3}{4}$ turn left right

ROCK & CROSS & CROSS & CROSS, $\frac{1}{4}$ TURN RIGHT, $\frac{1}{2}$ TURN RIGHT, SHUFFLE $\frac{1}{2}$ RIGHT

1&2 Rock right to right side, back onto left, cross right over left
&3&4 Step left to left side, cross right over left, step left to left side, cross right over left
5-6 Step back on left, turning $\frac{1}{4}$ right, turn a $\frac{1}{2}$ right stepping forward right
7&8 Shuffle a $\frac{1}{2}$ turn right, stepping left, right, left

ROCK BACK, FORWARD, WALK RIGHT LEFT, LOCK STEP, WALK LEFT RIGHT, TWIST HEELS, TWIST HEELS $\frac{1}{4}$ TURN LEFT (WEIGHT ENDS ON RIGHT)

1-2 Rock back on right, forward onto left
3-4& Walk forward right, left, lock right behind left
5-6 Walk forward left, right
7&8 Twist both heels to right, & to center, twist both heels right, turning a $\frac{1}{4}$ turn left (weight ends on right)

ROCKING CHAIR, LEFT SAILOR, TOUCH OUT, IN, & STEP

1-2 Rock back onto left, forward onto right
3-4 Rock forward onto left, back onto right
5&6 Step left behind right, step right to right side, step left to left side
7&8 Touch right foot out to right side, touch right to left foot, step right foot to right side (weight on right)

REPEAT

There is a slight hold at the end of wall 6. After the (touch out, in & step to right) you will be facing the back wall. The music will fade for 4 counts (hold) then start again when he sings "what a beautiful day"