

# Beautiful Dance

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Zandra Varnham (SCO) & Craig Cooke (UK)  
音乐: Beautiful - Christina Aguilera



## SWAYS TWICE, SAILOR STEPS TWICE, STEP ½ TURN

- 1            Sway hips right
- 2            Sway hips left
- 3&4        Step right foot behind left, step down on the left, step right foot to the right side
- 5&6        Step left foot behind right, step down on right, step left to left side
- 7            Step forward on right foot
- 8            ½ turn over left shoulder (weight on left)

## ROCK AND CROSS TWICE, SWAYS TWICE, STEP SLIDE, STEP

- 1&2        Rock right to right side, step down on left foot, cross right over left
- 3&4        Rock left to left side, step down on right foot, cross left over right
- 5            Sway hips right
- 6            Sway hips left
- 7            Large step to the right
- &            Slide left foot next to the right
- 8            Step down on left

## CROSS ROCK TWICE TRIPLE FULL TURN TWICE

- 1-2        Cross rock right over left. Rock back onto left
- 3&4        Make full turn right stepping right left right
- 5-6        Cross rock left over right, rock back onto right
- 7&8        Make full turn left stepping left right left

## RIGHT ROCK FORWARD, RIGHT SHUFFLE BACK, LEFT ROCK BACK, LEFT SHUFFLE FORWARD

- 1-2        Rock forward on right foot, rock back onto left
- 3&4        Shuffle back on right foot
- 5-6        Rock back on left foot, rock forward onto right
- 7&8        Left shuffle forward

REPEAT

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