

# Beautiful Body

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 2      级数: Improver  
编舞者: Alice Hwee & William Hwee  
音乐: If I Said You Had a Beautiful Body - The Bellamy Brothers



## ROCK FORWARD RECOVER, ½ TURN RIGHT SHUFFLE, SIDE ROCK RECOVER, CROSS SHUFFLE

1-2      Rock right forward, recover on left  
3&4      Making ½ turn right, shuffle forward right left right (facing 6:00)  
5-6      Rock left to left side, recover on right  
7&8      Cross step left over right, step right to right, cross step left over right

## SIDE ROCK RECOVER, BEHIND SIDE CROSS, SIDE ROCK RECOVER, CROSS SHUFFLE

1-2      Rock right to right side, recover on left  
3&4      Step right behind left, step left to left, cross right over left  
5-6      Rock left to left side, recover on right  
7&8      Cross step left over right, step right to right, cross step left over right

## SIDE TOUCH CLAP, SIDE TOUCH CLAP, PADDLE ¼ PADDLE ¼

1-2      Step right to right, touch left beside right (clap hands)  
3-4      Step left to left, touch right beside left (clap hands)  
5-6      Step right forward, pivot ¼ left on left  
7-8      Step right forward, pivot ¼ left on left (facing 12:00)

## CROSS ROCK RECOVER, ¼ TURN SHUFFLE, PIVOT ½ RIGHT, SHUFFLE FORWARD

1-2      Cross rock right over left, recover on left  
3&4      Making ¼ turn right shuffle forward right, left, right (facing 3:00)  
5-6      Step forward on left, pivot ½ right (facing 9:00)  
7&8      Step left forward, step right beside left, step left forward

## SIDE ROCK RECOVER, CROSS SHUFFLE, SIDE ROCK RECOVER, CROSS SHUFFLE

1-2      Rock right to right side, recover on left  
3&4      Cross step right over left, step left to left, cross step right over left  
5-6      Rock left to left side, recover on right  
7&8      Cross step left over right, step right to right, cross step left over right

## SIDE ROCK RECOVER, CROSS SHUFFLE, ¼ TURN ¼ TURN, SHUFFLE FORWARD

1-2      Rock right to right, recover on left  
3&4      Cross step right over left, step left to left, cross step right over left  
5-6      Making ¼ turn right step left back, making ¼ turn right step right to right side (facing 3:00)  
7&8      Step left forward, step right beside left, step left forward

## VINE RIGHT, BUMP HIPS RIGHT, LEFT., RIGHT, LEFT

1-2      Step right to right, cross step left behind right  
3-4      Step right to right, cross step left over right  
5-6      Step right slightly to right side and bump hips right, bump hips left  
7-8      Bump hips right, bump hips left (weight on left)

## ROCK FORWARD RECOVER, BACK COASTER STEP, ROCK FORWARD RECOVER, COASTER ¼ TURN RIGHT

1-2      Rock right forward, recover on left  
3&4      Step right back, step left beside right, step right forward

5-6

Rock left forward, recover on right

7&8

Step left back, making  $\frac{1}{4}$  right turn step right to right side, step left forward (facing 6:00)

**REPEAT**

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