

# Beautiful

拍数: 68      墙数: 2      级数: Intermediate  
编舞者: Sooz Goodes (AUS)  
音乐: Beautiful - Christina Aguilera



## TOUCH BEHIND, UNWIND, PIVOT ½ LEFT, STEP LEFT BACK, TOGETHER & STEP RIGHT BACK, TOGETHER &

- 1-4      Touch left toe behind right foot, unwind ½ left (weight on left), step right forward, pivot ½ left (weight on right)
- 5-6      Step back on left 45 degrees left, step right next to left
- &7      Step left in place, step back on right 45 degrees right
- 8&      Step left next to right, step right in place

## STEP FORWARD, ¼ TURN RIGHT, FULL TURN LEFT, FULL TURN RIGHT, ¾ TURN RIGHT, TOUCH

- 9-10      Step left forward, turn ¼ right transferring weight to right
- 11&12      Traveling forward syncopated full turn left stepping left, right, left
- 13&14      Syncopated full turn right stepping right, left, right (almost on spot)
- 15&16      Step left forward, turn ¾ right stepping right to right, touch left next to right (you will be facing 12:00)

Restart on wall 2

## SIDE, TOGETHER, ¼ TURN LEFT & LEFT SHUFFLE FORWARD & TOUCH LEFT BEHIND, UNWIND 1 ¼ LEFT, LEFT SHUFFLE FORWARD

- 17-18      Large step left stepping onto left, step right next to left
- 19&20      Turn ¼ left with left shuffle forward (step left forward, step right next to left, step left forward)
- &21-22      Step right forward, touch left behind, unwind 1 ¼ left hooking left in front right
- 23&24      Left shuffle forward (step left forward, step right next to left, step left forward)

## ROCK & TURN ½ RIGHT, 2 SAMBA STEPS, PIVOT & STEP

- 25&26      Step right forward, step back left turning ½ right, step right forward
- 27&28      Samba step (step left across right, step right to right, step left in place)
- 29&30      Samba step (step right across left, step left to left, step right in place)
- 31&32      Step left forward, turning ½ right step onto right, step left forward

## 10 HIP BUMPS

- 33-34      Stepping right forward (angle body almost ¼ turn left) bump hips right, left
- 35&36      Bump hips right, left, right
- 37-38      Stepping left forward (angle body almost ¼ turn right) bump hips left, right
- 39&40      Bump hips left, right, left

## PIVOT ½ LEFT, SWEEPS FORWARD, ½ TURN LEFT, COASTER

- 41-44      Step right forward, pivot ½ left (weight on left), sweep right forward stepping onto right, sweep left forward stepping onto left
- 45-46      Sweep right forward stepping onto right, pivot ½ left (keeping weight back on right)
- 47&48      Left coaster (step left back, step right next to left, step left forward)

## ¼ TURN RIGHT & RIGHT SHUFFLE FORWARD, ½ TURN LEFT & LEFT SHUFFLE FORWARD, ¼ TURN RIGHT & RIGHT SHUFFLE FORWARD, ¼ TURN LEFT ROCKING BACK, & ¼ RIGHT RECOVER, SIDE

- &49&50      Turn ¼ right hooking right in front left, right shuffle forward (step right forward, step left next to right, step right forward)
- &51&52      Turn ½ left hooking left in front right, left shuffle forward (step left forward, step right next to left, step left forward)

- &53&54 Turn ¼ right hooking right in front left, right shuffle forward (step right forward, step left together, step right forward)
- 55&56 Turning ¼ left step back on left dipping legs, turning ¼ right step right forward, step left to left

### **2 FULL TURNS BACK, STEP SIDE, TOUCH & STEP & TWIST & STEP & TWIST**

- 57&58& Two syncopated full turns back (turn ½ right and step forward on right, turn ½ right step back on left, turn ½ right step forward on right, turn ½ right step back on left)
- 59-60 Step right to right side, touch left next to right
- &61&62 Step back on left, step right forward, twist heels right, twist heels back to center
- &63&64 Step back on right, step left forward, twist heels left, twist heels back to center (weight on right)

### **LOCK STEP BACK, (&) SIDE ROCK, RECOVER**

- 65&66 Moving back 45 degrees right cross left over right, step right back, step left over right
- &67-68 Step right back, stepping left out to left sway hips to left, recover weight onto right

### **REPEAT**

### **RESTART**

**On wall 2, complete the first 12 counts then replace counts 13-16 with the following steps then start dance again**

- 13&14 Syncopated turn ¾ right stepping right, left, right
- 15&16 Large step left stepping onto left, drag right to left, step right next to left (you will be facing 12:00)

### **FINISH**

**After completing count 40 (the 10 hips bumps), step right forward 45 degrees right (music has slowed right down)**

**This dance is dedicated to my team mates**

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