

Beautiful

拍数: 40 墙数: 2 级数: Intermediate/Advanced
编舞者: Warren Mitchell (AUS)
音乐: You Can't Hide Beautiful - Aaron Lines



- 1&2& Step forward right, lift left foot behind right knee, step left back, step right together
3&4& Step forward left, lift right foot behind left knee, step right back, step left together
5-6 Step right forward, ¼ paddle turn to left (end weight on left)
7&8& Step right over left, step left to left, step right behind left, step left to left
- 1-2 Rock right over left, step left on spot
3&41 ¼ turning shuffle to right side over right shoulder (right-left-right) end facing front
5-6 Rock left forward, step right on spot
7&8& Step left back, step right together, step left over right, touch right to right
- 1& Step right back, sweep left around behind right
2& Step left back, sweep right around behind left
3& Rock right back, step left on spot
4& Make ¼ turn to left then step right to right, drag left towards back of right
5&6 Step left behind right, step right together, rock left over right
7&8 Step right on spot, step left together, rock right over left
- 1&2 Step left on spot, step right together, step left forward
&3&4 Make ½ pivot to right (end weight on left), shuffle forward right-left-right
5-6 Rock left forward, step right on spot
7&81 ½ turning shuffle back over left shoulder left-right-left
- 1-2 Rock right to right, step left on spot
&3-4 Step right together, rock left to left, step right on spot
5&6 Step left behind right, step right to right, rock left over right
7&8& Step right on spot, 1 ¼ turning shuffle to left over left shoulder left-right-left

REPEAT

RESTART

End of count 38 on walls 1 & 3 only

- &1 Step right on spot, step left together
2 Step right over left making full unwind left (end weight on right)
3&4 Shuffle to left (left-right-left)
5-6 Rock right over left, step left on spot
7-8 Step right to right, drag left together with right (end weight on right)
9&101 ¼ turning shuffle to left over left shoulder left-right-left

Restart dance from beginning

TAG

End of 1st wall only (after bridge)

- 1&2& Step right forward, lift left foot behind right knee, step left back, hook right foot over left shin