

The Beat Goes On

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jo Thompson Szymanski (USA)
音乐: The Beat Goes On - Barry Amato



TOE STRUTS RIGHT, BALL, CROSS, BALL, CROSS MOVING LEFT

- 1-2 Place right toe to right side, smoothly lower right heel
- 3-4 Place left toe across front of right, smoothly lower left heel
- 5-6 Place right toe to right side, smoothly lower right heel
- &7 Step back and slightly to left side with ball of left foot, step right foot across front of left
- &8 Small step to left side with ball of left foot, step right foot across front of left

STEP, KICK/SNAP, BACK, ¼ TURN LEFT, STEP, TOUCH & TOUCH & TOUCH

- 1-2 Step left foot to left side, low kick forward with right to right diagonal, snap both hands down toward right leg, shoulders slightly forward facing leg, hips back (think West Side Story!)
- 3-4 Step right foot crossed behind left, turn ¼ left, step forward with left
- 5-6 Step forward with right foot, touch left beside right
- &7 Step back with left foot, touch right beside left
- &8 Step forward with right foot, touch left beside right

During counts 5-8 the right shoulder will be slightly forward and the left shoulder slightly back so that the body is at an angle

BACK, POINT, BACK, POINT, BEHIND, SIDE, FORWARD TRIPLE

- 1-2 Step back with left foot, point right toe to right side
- 3-4 Step back with right foot slightly crossed behind left, point left foot to left side
- 5-6 Step left foot crossed behind right, step right foot to right side
- 7&8 Step forward with left foot, step together with right foot, step forward with left foot

STEP, HOLD, ½ TURN, HOLD, OUT, OUT, BALL, CROSS, HOLD, BALL CHANGE

- 1-2 Step forward with right foot, hold
- 3-4 Turn ½ left, shift weight forward to left foot, hold
- &5 Step right foot out to right side, step left foot out to left side
- &6 Step back with ball of right foot crossed slightly behind left, step left foot across in front of right, bending both knees slightly
- 7 Hold
- &8 Step on ball of right foot where it is, step on left foot where it is

REPEAT

ENDING

Start with lyrics. At end on song, step right foot to right side with right hip. Look toward 12:00 wall and pose