

Be-Bop-A-Lula

COPPER KNOB
STEPPERS

拍数: 40 墙数: 2 级数: Improver contra dance
编舞者: Denny Hengen (USA)
音乐: Why Haven't I Heard From You - Reba McEntire



Position: Begin dance in facing lines

LEG PUMPS WITH FINGER SNAPS

- 1 With feet together raise left heel off floor
- 2 Snap fingers
- 3 Lower left heel as you raise right heel
- 4 Snap fingers
- 5 Lower right heel as you raise left heel
- 6 Lower left heel as you raise right heel
- 7 Lower right heel as you raise left heel
- 8 Lower left heel as you raise right heel

VINE RIGHT WITH A SCUFF VINE LEFT WITH A TOUCH

- 1 Step to right on right
- 2 Step behind right on left
- 3 Step to right on right
- 4 Scuff left foot forward
- 5 Step to left on left
- 6 Step behind left on right
- 7 Step to the left on left
- 8 Touch toes of right next to left

KNEE ROLLS

- 1 On toes of right roll right knee in clockwise circle
- 2 Snap fingers and shift weight to right
- 3 On toes of left roll left knee in counterclockwise circle
- 4 Snap fingers and shift weight to left
- 5 On toes of right roll right knee in clockwise circle
- 6 On toes of left roll left knee in counterclockwise circle
- 7 On toes of right roll right knee in clockwise circle
- 8 On toes of left roll left knee in counterclockwise circle

Make sure that the lines are staggered so that the dancers can pass through the opposite line.

SCOOT, CLAP, SCOOT, CLAP WALK, WALK, STEP, PIVOT

- 1 Scoot forward on balls of both feet
- 2 Clap
- 3 Scoot forward on balls of both feet
- 4 Clap
- 5 Walk forward on right
- 6 Walk forward on left
- 7 Step forward on right
- 8 Pivot ½ turn to the left

STEP, PIVOT, BACK, TOUCH STEP, PIVOT, BACK, STOMP

- 1 Step forward on right
- 2 Pivot ½ turn to the right on right, hitching left up

- 3 Step back on left
- 4 Touch toes of right back
- 5 Step forward on right
- 6 Pivot $\frac{1}{2}$ turn to the right on right, hitching left up
- 7 Step back on left
- 8 Stomp right next to left

REPEAT
