

# Be-Bop-A-Lula

**COPPER KNOB**  
STEPSHEETS

拍数: 40      墙数: 4      级数: Improver  
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音乐: Walking After Midnight - Garth Brooks



During heel lifts, the toe of the foot remains on the floor.

## LEG PUMPS WITH FINGER SNAPS

- 1            Left heel lift
- 2            Snap fingers
- 3            Left heel drop and right heel raise
- 4            Snap fingers
  
- 5            Right heel drop and left heel raise
- 6            Left heel drop and right heel raise
- 7            Right heel drop and left heel raise
- 8            Left heel drop and right heel raise

## VINE TO THE RIGHT WITH A SCUFF

- 9            Right foot step to the right
- 10          Left foot step behind right leg to the right
- 11          Right foot step to the right
- 12          Left foot scuff forward

## MODIFIED VINE TO THE LEFT WITH ¼ TURN TO THE LEFT AND TOUCH

- 13          Left foot step to the left
- 14          Right foot step behind left leg to the left
- 15          Left foot step to the left ¼ turn to the left
- 16          Right toe touch to close to left foot

## KNEE ROLLS

- 17          Right knee roll full circle to the right
- 18          Snap fingers and right heel drops
- 19          Left heel lift and left knee roll full circle to the left
- 20          Snap fingers and left heel drops
  
- 21          Right heel lifts and right knee roll full circle to the right
- 22          Snap fingers and right heel drops
- 23          Left heel lift and left knee rolls full circle to the left
- 24          Snap fingers and left heel drops

## 2 SETS - SCOOT AND CLAP

- 25          Both feet scoot forward
- 26          Clap
- 27          Both feet scoot forward
- 28          Clap

## STEPS

- 29          Right foot step backward
- 30          Left foot step backward
- 31          Right foot step to the right
- 32          Left foot step to close to right foot

## **2 SETS OF STEPS AND PIVOT ½ TURN TO THE LEFT**

- 33 Right foot step forward
- 34 Right toe pivots ½ turn to the left and left knee lifts until thigh is parallel to the floor
- 35 Left foot step backward
- 36 Right toe touch backward
  
- 37 Right foot step forward
- 38 Right toe pivots ½ turn to the left and left knee lifts until thigh is parallel to the floor
- 39 Left foot step backward
- 40 Right foot stomp to close to left foot

## **REPEAT**

### **OPTION 1**

**Substitute the following for Counts 21-24.**

- 21 Right heel lifts, right knee roll full circle to the right, and right heel drops
- 22 Left heel lifts, left knee roll full circle to the left, and left heel drops
- 23 Right heel lifts, right knee roll full circle to the right, and right heel drops
- 24 Left heel lifts, left knee roll full circle to the left, and left heel drops

### **OPTION 2**

**Substitute the following for Counts 34 and 38.**

- 34 Right toe pivots ½ turn to the right and left knee lifts until thigh is parallel to the floor
  - 38 Right toe pivots ½ turn to the right and left knee lifts until thigh is parallel to the floor
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