

# Be Happy

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Jackie Jacotine (UK)  
音乐: Happy - Lighthouse Family



## RIGHT & LEFT FORWARD SHUFFLES, ROCK, RECOVER, RIGHT BACK LOCK

1&2      Right forward shuffle (step forward on right, close left to right, step forward on right)  
3&4      Left forward shuffle (step forward on left, close right to left, step forward on left)  
5-6      Rock forward on right, recover  
7&8      Right back lock step (step back on right, cross left over right, step back on right)

## ¼ LEFT TURN CHASSE, CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER

1&2      ¼ turn left, stepping left to left side, close right to left, step left to left side (chasse)  
3-4      Cross right over left, step left to left side  
5&6      Step right behind left, step left to left, cross right over left (behind, side, cross)  
7-8      Rock left to left side, recover

## CROSS, SIDE, BEHIND, SIDE, CROSS, RIGHT ROCK, RECOVER, RIGHT SAILOR STEP

1-2      Cross left over right, step right to right side  
3&4      Step left behind right, step right to right, cross left over right (behind, side, cross)  
5-6      Rock right to right side, recover  
7&8      Step right behind left, step left to left, step in place with right

## ¼ LEFT TURN SAILOR STEP, FORWARD RIGHT AND LEFT STEP LOCK STEP, MAMBO STEP

1&2      Step left behind right turning ¼ left, step right to right side, step left in place  
3&4      Step forward on right, lock left behind right, step forward on right  
5&6      Step forward on left, lock right behind left, step forward on left  
7&8      Rock forward on right, rock back on left, step together with right

## LEFT SIDE, TOGETHER, LEFT CHASSE, RIGHT SIDE, TOGETHER, CHASSE

1-2      Step left to left, close right next to left  
3&4      Left chasse (step left to left, close right to left, step left to left side)  
5-6      Step right to right, close left next to right  
7&8      Right chasse (step right to right side, close left to right, step right to right side)

## LEFT CROSS ROCK, RECOVER, TRIPLE ¾ TURN LEFT, DIAGONAL RIGHT AND LEFT STEP, TOUCHES FORWARD WITH FINGER CLICKS

1-2      Cross rock left over right, recover  
3&4      Triple ¾ turn left to face the 9:00 wall (left, right, left)  
5-6      Step forward diagonally on right, touch left next to right & click  
7-8      Step forward diagonally on left, touch right next to left & click

REPEAT

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