

# Be Good To Be Bad

**COPPER** **NOB**  
BY STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Phil Austin (UK)  
音乐: If Ya Wanna Be Bad Ya Gotta Be Good - Bryan Adams



## ROCK, RECOVER, ROCK, RECOVER, ROCK, RECOVER, ROCK, RECOVER

1-2      Rock forward left foot, recover onto right  
3-4      Rock back left foot, recover onto right  
&5-6      Step left to right, rock forward right, recover onto left  
7-8      Rock back on right foot, recover onto left

## ROCK, ½ TURN, SHUFFLE ½ TURN, SLEAZE ROLL

1-2      Rock forward right foot, pivot ½ turn over left shoulder and step left in place  
3&4      Make ½ turn over left shoulder, stepping right, left, right  
5-8      A sleaze roll is a body roll down twice using the shoulders. (5)roll right shoulder down, followed by left shoulder, chest and stomach (6)bend knees so you are in sitting position (&)straighten knees (7)roll right shoulder down, followed by left shoulder, chest and stomach (8)bend knees so you are in sitting position

## BUMP HIPS TWICE, BUMP HIPS TWICE, ROCK AND CROSS, SLEAZE SLIDE

1&2      Step forward right and bump hips forward, bump hips back, bump hips forward  
3&4      Step forward left and bump hips forward, bump hips back, bump hips forward  
5&6      Rock right to side, recover weight onto left, cross right over left  
7-8      Step left a big step to side, slide right to left and use your shoulders anyway you know how!

## TOE, ¼ TURN, TOE, ¼ TURN, TOE, ¼ TURN, KICK, CROSS, COASTER STEP, STOMP

1&      Pivot ¼ turn on left foot over left shoulder and touch right to side, hitch right foot  
2&      Repeat steps '1&:'  
3&      Repeat steps '1&'  
4-5      Kick right forward, cross right over left  
6&7      Step back left, step right to left, step forward left  
8      Stomp right forward

## ROLL HIPS ¼ TURN, SAILOR STEP, CROSS UNWIND ½ TURN

1-4      Roll hips to the left and make ¼ turn over left shoulder over 4 counts (do it slow and sleazy!)  
5&6      Cross left behind right, step right to side, step left to right  
7-8      Cross right behind left, unwind ½ turn over right shoulder

**REPEAT**

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