

# Be Gentle With Me

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Tina Lincoln (UK)  
音乐: Gentle Warm And Kind - Merv & Maria



- 1-2            Right step to right side, step left foot beside right foot  
3&4           Right step to right, step left foot beside right foot, right step to right  
5-6           Left foot cross rock over right foot, rock back onto right foot  
7&8           Step left foot to left, step right foot beside left, step left foot  $\frac{1}{4}$  turn to left
- 9-10           Right foot step forward, turn  $\frac{1}{2}$  turn to left  
11&12        Right foot step forward turning  $\frac{1}{4}$  turn left, bring left foot beside right, step right foot forward turning  $\frac{1}{4}$  turn left (right shuffle  $\frac{1}{2}$  turn left)  
13-14        Left foot rock back, rock forward onto right  
15&16        Step left foot forward, step right foot beside left, step left foot back (left forward coaster step)
- 17-18        Right foot rock back, rock forward onto left foot  
19&20        Step right foot forward, step left foot beside right, step right foot back (right forward coaster step)  
21-22        Step left foot back, turn  $\frac{1}{2}$  left over left shoulder  
23&24        Right foot step forward. Left foot step beside right, right foot step forward
- 25-26        Left foot step forward, pivot  $\frac{1}{2}$  turn to the right  
27&28        Step left foot forward, step right beside left, step left foot forward  
29&30        Right kick forward, step down onto ball of right foot, step on left foot (right kick ball change)  
31&32        Right kick forward, step down onto ball of right foot, step on left foot (right kick ball change)

**REPEAT**

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