

Be Bop A Lula

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Larry Bass (USA)
音乐: Be Bop a Lula - Scooter Lee



WALK, WALK, TOUCH TOE & TOE, & TOE & TOE, & ROCK STEP

1-2 Step right forward; step left forward
3& Touch right behind left heel, step right slightly back
4& Touch left to right instep, step left slightly forward
5& Touch right behind left heel, step right slightly back
6& Touch left to right instep, step left slightly forward
7-8 Step right forward; rock back onto left

RIGHT BACKWARD ROLLING TURN, COASTER STEP; BOOGIE WALK

9-10 Rolling ½ turn backward right, step right forward; rolling ½ turn backward right, step left back
11&12 Step right back, step left beside right, step right forward
13 Step ball of left forward while twisting left heel outward
14 Step ball of right forward while twisting right heel outward
15 Step ball of left forward while twisting left heel outward
16 Step ball of right forward while twisting right heel outward

KICK-BALL-CROSS, SIDE ROCK STEP; & CROSSOVER, SIDE, SAILOR STEP

17&18 Kick left forward, step left beside right, step right across left
19-20 Step left to left side; rock right onto right
& Step left beside right
21-22 Step right across left; step left to left side
23&24 Step right behind left, step left to left side, step right diagonally forward to right

CROSSOVER, HOLD, & CROSSOVER, ¼ TURN, SLIDE STEPS, COASTER STEP

25-26 Step left across right; hold
& Step right slightly to right
27-28 Step left across right; turn ¼ turn left while stepping right back
29-30 Slide left back while popping right knee forward; slide right back while popping left knee forward
31&32 Step left back, step right beside left, step left forward

REPEAT