

# Be Bop A Lula

拍数: 32      墙数: 4      级数: Improver  
编舞者: Larry Bass (USA)  
音乐: Be Bop a Lula - Scooter Lee



## WALK, WALK, TOUCH TOE & TOE, & TOE & TOE, & ROCK STEP

- 1-2      Step right forward; step left forward
- 3&      Touch right behind left heel, step right slightly back
- 4&      Touch left to right instep, step left slightly forward
- 5&      Touch right behind left heel, step right slightly back
- 6&      Touch left to right instep, step left slightly forward
- 7-8      Step right forward; rock back onto left

## RIGHT BACKWARD ROLLING TURN, COASTER STEP; BOOGIE WALK

- 9-10      Rolling ½ turn backward right, step right forward; rolling ½ turn backward right, step left back
- 11&12      Step right back, step left beside right, step right forward
- 13      Step ball of left forward while twisting left heel outward
- 14      Step ball of right forward while twisting right heel outward
- 15      Step ball of left forward while twisting left heel outward
- 16      Step ball of right forward while twisting right heel outward

## KICK-BALL-CROSS, SIDE ROCK STEP; & CROSSOVER, SIDE, SAILOR STEP

- 17&18      Kick left forward, step left beside right, step right across left
- 19-20      Step left to left side; rock right onto right
- &      Step left beside right
- 21-22      Step right across left; step left to left side
- 23&24      Step right behind left, step left to left side, step right diagonally forward to right

## CROSSOVER, HOLD, & CROSSOVER, ¼ TURN, SLIDE STEPS, COASTER STEP

- 25-26      Step left across right; hold
- &      Step right slightly to right
- 27-28      Step left across right; turn ¼ turn left while stepping right back
- 29-30      Slide left back while popping right knee forward; slide right back while popping left knee forward
- 31&32      Step left back, step right beside left, step left forward

## REPEAT