

# B.C. Express

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Jim Krohe (USA)  
音乐: Blue Train - Big House



## HEEL SWIVELS, RIGHT AND LEFT SIDE STEPS WITH SNAPS

- 1-2      Swivel both heels right, snap fingers
- 3-4      Swivel both heels left, snap fingers and shift weight to left
- 5-6      Step right on right, touch beside right with left and snap fingers
- 7-8      Step left on left, touch beside left with right and snap fingers

## RIGHT AND LEFT SLIDE STEPS WITH FINGER SNAPS

- 9-10      Step right on right, slide beside right on left
- 11-12      Step right on right, touch beside right with left and snap fingers
- 13-14      Step left on left, slide beside left on right
- 15-16      Step left on left, touch beside left with right and snap fingers

## RIGHT AND LEFT STRUT STEPS, SYNCOPATED SLIDE STEPS WITH SNAPS

- 17-18      Step forward on right toe, lower right heel, snap fingers
- 19-20      Step forward on left toe, lower left heel, snap fingers
- &21      Hop forward slightly on right, slide behind right heel on left
- 22      Snap fingers
- &23      Hop forward slightly on right, slide behind right heel on left
- 24      Snap fingers

## RIGHT AND LEFT FORWARD STEPS, SYNCOPATED SLIDE STEPS WITH SNAPS

- 25-26      Step forward on right, snap fingers
- 27-28      Step forward on left, snap fingers
- &29-32      Repeat &21-24

## RIGHT AND LEFT BACK STEPS AND HOLDS

- 33-34      Step back on right, hold
- 35-36      Step back on left, hold

## B.C. CHOO CHOO

- &37      Hop back on right and turn head left, touch forward with left heel while moving left fisted hand forward and back with right fisted hand
- 38      Hold
- &39      Hop back on left and turn head right, touch forward with right heel while moving right fisted hand forward and back with left fisted hand
- 40      Hold
- &41-44      Repeat &37-40

## BACK STEPS, STOMPS

- 45-46      Step back on right, step back on left
- 47-48      Stomp up beside left with right twice

## RIGHT VINE, LEFT BRUSH, LEFT VINE WITH LEFT ¼ TURN, RIGHT BRUSH

- 49-51      Step right on right, cross step left behind right, step right on right
- 52      Brush forward with left
- 53-55      Step left on left, cross step right behind left, step left on left and turn left ¼ turn
- 56      Brush forward with right

## **JAZZ BOX WITH STOMP, RIGHT AND LEFT SWIVETS**

57-58 Cross step right over left, step back on left

59-60 Step right on right, stomp left

61-62 With weight on left heel and right toe and swivel both heels right, swivel both heels home

63-64 Shift weight to left toe and right heel and swivel both heels left, swivel both heels home

**REPEAT**

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