

Bayside Shuffle

拍数: 40 墙数: 4 级数: Beginner
编舞者: Laura Parker (USA)
音乐: Cover You In Kisses - John Michael Montgomery



HEEL TAPS, SAILOR SHUFFLE, HEEL TAPS, TURNING TRIPLE

- 1 Tap left heel forward
- 2 Tap left heel to the left
- 3 Cross left foot behind right and step
- & Step slightly to the right on right foot
- 4 Step slightly to the left on left foot
- 5 Tap right heel forward
- 6 Tap right heel to the right
- 7&8 Triple in place making a $\frac{3}{4}$ turn to the right

TOE TOUCHES, FOOT BOOGIES

- 9 Touch left toe to the left
- 10 Touch left toe next to right foot
- 11 Touch left toe to the left
- & Swivel left heel in toward right foot
- 12 Swivel left toe toward right foot to center
- 13 Touch right toe to the right
- 14 Touch right toe next to left foot
- 15 Touch right toe to the right
- & Swivel right heel in toward left foot
- 16 Swivel right toe toward left foot to center

HEEL TOUCHES, HITCHES, FOOT SWEEPS

- 17 Touch left heel forward
- 18 Hitch left knee
- 19 Touch left heel forward
- & Sweep left toe in a to the left arc to the left
- 20 Step left foot next to right
- 21 Touch right heel forward
- 22 Hitch right knee
- 23 Touch right heel forward
- & Sweep right toe in a to the right arc to the right
- 24 Step right foot next to left

ROCK STEPS, SHUFFLES FORWARD

- 25 Step forward on left foot
- 26 Rock back onto right foot
- 27&28 Shuffle forward (left, right, left)
- 29 Step forward on right foot
- 30 Rock back onto left foot
- 31&32 Shuffle forward (right, left, right)
- 33-40 Repeat beats 25-32

REPEAT