

Bayou Polka

COPPER KNOB
STEPPERS

拍数: 52 墙数: 4 级数: Intermediate
编舞者: Terry Mandzuk (USA)
音乐: Jambalaya (On the Bayou) - Eddy Raven & Jo-EI Sonnier



HEEL TOUCH, HOOK & STOMP

1-2 Right heel touch in front and hook at knee crossing right bent leg in front of left, recover
3-4 Stomp, stomp right foot
5&6 Polka forward left, right, left
7&8 Polka forward right, left, right

9-10 Left heel touch in front and hook at knee
11-12 Stomp, stomp left foot
13&14 Polka going back right, left, right
15&16 Polka going back left, right, left

HEEL TOUCH, HOOK & TURNING POLKA ½ & ½

17-18 Right heel touch and hook
19&20 While turning ½ right, (right, left, right)
21&22 While turning ½ right, (left, right, left)
23&24 In place right, left, right
25-26 Left heel touch and hook
27&28 While turning ½ left, left, right, left
29&30 While turning ½ left, right, left, right
31&32 In place left, right, left

PIVOT FORWARD, POLKA, PIVOT BACK, POLKA

33-34 Step forward on right, pivot ½ left
35&36 Right foot forward polka right, left, right
37&38 Left, right, left
39-40 Step forward on right pivot ½ left
41&42 Right foot forward polka right, left, right
43&44 Left, right, left

CROSS OVER LEFT, POLKA, PIVOT RIGHT POLKA

45-46 Step on right turning ¼ left, cross right over left
47&48 Polka left, right, left
49-50 Step forward on left, pivot ½ right
51&52 Left, right, left

REPEAT
