

Bay Walkin' Blues

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Lyn Edan (UK)
音乐: San Francisco Bay Blues - Eric Clapton



STRUTTING JAZZ BOX, CROSS

1-2 Cross right toe over in front of left, step down on right heel
3-4 Touch left toe back, step down on left heel
5-6 Touch right toe to right side, step down on right heel
7-8 Cross left toe over in front of right, step down on left heel

EXTENDED VINE RIGHT, SIDE HOLD & CLAP, ¼ TURN LEFT HOLD & CLAP

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, cross left over right
5-6 Step right to right side, hold & clap
7-8 Make ¼ turn left, hold & clap

Weight on left, (9:00)

½ TURN LEFT HOLD & CLAP, ½ TURN LEFT HOLD & CLAP, ROCKING CHAIR

1-2 Make ½ turn left stepping back on right, hold & clap
3-4 Make ½ turn left stepping forward on left, hold & clap
5-6 Rock forward on right, recover on left
7-8 Rock back on right, recover on left

Option:

1-4 Walk forward right, hold & clap, walk forward left, hold & clap

RIGHT STRUT, LEFT STRUT, PIVOT ½ TURN LEFT, ¼ TURN LEFT, HOLD

1-2 Touch right toe forward, drop right heel to floor
3-4 Touch left toe forward, drop left heel to floor
5-6 Step forward on right, pivot ½ turn left
7-8 Make ¼ turn left stepping right to right side, hold (12:00)

BACK ROCK SIDE HOLD, BACK ROCK SIDE, HOLD

1-2 Rock back on left, recover on right
3-4 Step left to left side, hold
5-6 Rock back on right, recover on left
7-8 Step right to right side, hold

BACK ROCK FORWARD HOLD, TAP, TOUCH, ½ TURN, HOLD

1-2 Rock back on left, recover on right
3-4 Step forward on left, hold
5-6 Tap right toe back, touch right toe back
7-8 Make ½ turn right shifting weight to right, hold (6:00)

WALK FORWARD LEFT, RIGHT, LEFT, HOLD, ANCHOR STEP, HOLD

1-4 Walk forward left, right, left, hold
5-8 Cross rock back onto right, rock forward on left, recover back onto right, hold

BACK KICK, BACK KICK, COASTER STEP, HOLD

1-2 Sweep left out from front and step back on left, kick right foot forward
3-4 Step back on right, kick left foot forward
5-8 Step back on left, step right beside left, step forward on left, hold

REPEAT
