

Bay Swing (P)

拍数: 64 墙数: 0 级数: Partner
编舞者: Jan Smith (UK)
音乐: Then She Kissed Me - The Derailers



Position: Facing each other. Man ILOD, lady's OLOD. Hands joined. Lady's & man's steps mirror unless specified

First presented by Jan Smith & Mal Owen at the Nashfeel Country Weekend, at Eastbourne in November 2000

LEFT SIDE SHUFFLE, ROCK BACK

1&2 Step left foot to the left, close right to left, step left foot to the left
3-4 Rock right foot back, recover weight onto left foot

RIGHT SIDE SHUFFLE, ROCK BACK

5&6 Step right foot to the right, close left to right, step right foot to the right
7-8 Rock left foot back, recover weight onto right foot

MAN: VINE LEFT, TOUCH, LADY: FULL TURN TO THE RIGHT, TOUCH

9-12 **MAN:** (Drops right hand and lifts left to allow lady to turn) step left foot to left side, cross right behind left, step left foot to left side, touch right foot by left
LADY: Full turn traveling right, stepping right, left, right, touch left foot by right

MAN: VINE RIGHT, TOUCH, LADY: FULL TURN TO THE LEFT, TOUCH

13-16 **MAN:** (Lifts left hand to allow lady to turn, then rejoins both hands) step right foot to right side, cross left behind right, step right foot to right side, touch left foot by right
LADY: Full turn traveling left, stepping left, right, left, touch right foot by left

SIDE, CLOSE, SIDE, TOUCH TWICE

17-20 Step left foot to the left, close right to left, step left foot to the left, touch right foot by left
21-24 Step right foot to the right, close left to right, step right foot to the right, touch left foot by right

TURN, TOUCH. TURN, TOUCH

25-28 (Dropping left hand) step left foot 1/4 left, facing LOD, touch right by left, step right foot 1/4 right (now facing partner and rejoining hands), touch left foot by right

MAN: VINE 1/4 TURN SCUFF. LADY: 1 1/4 TURN SCUFF

29-32 **MAN:** (Man drops left hand & raises right to allow lady to turn). Step left to left side, cross right behind left, step left 1/4 left (to face LOD) scuff right foot forward
LADY: Turn to the right right, left, right scuff left forward (facing LOD)

STEP,SLIDE,STEP,SCUFF. STEP,SLIDE,STEP,TOUCH

33-36 (Angle body slightly left) step right foot forward slide left up to right, step right foot forward, scuff left forward
37-40 (Angle body slightly right towards partner) step left foot forward slide right up to left, step left foot forward turning 1/4 right, touch right by left (now facing partner, rejoin both hands)

MAN: STEP TOUCH X 3, TURN TOUCH. LADY: PADDLE TURNS X 4 TURNING 1 1/4

Man drops right hand and raises left allowing lady to turn underneath

41-48 **MAN:** Step right foot in place touch left by right, step left foot in place touch right by left, step right foot in place touch left by right, step left foot 1/4 left LOD, touch right by left
LADY: Paddle turn 1 1/4 to the right to finish facing LOD stepping left right, left right, left right, left right (use hips as you turn to make turn stylish)

WALK FORWARD, KICK. WALK BACK, STOMP

49-52 (Inside hands joined) walk forward right, left, right kick left forward

53-56 Walk back left, right left, stomp right by left

STOMP FORWARD, RECOVER, ROCK BACK RECOVER. REPEAT & TURN

57-60 Stomp forward on left foot, recover weight onto right, rock back on left, recover

61-64 Stomp forward on left foot, recover weight onto right, rock back on left, recover weight to right foot turning 1 /4 right to face partner (rejoining both hands)

REPEAT
