

# Basic Instinct

拍数: 32      墙数: 2      级数:  
编舞者: Alan Robinson (UK)  
音乐: I Keep Forgetting - Lee Ann Womack & Vince Gill



## ROCK ACROSS, IN PLACE, CROSS SHUFFLE, ROCK OUT, CROSS SHUFFLE

1-2-3      Rock left across in front of right, replace weight onto right, step in place on left  
4&5      Cross right in front of left, step left to left, cross right in front of left  
6-7      Rock out on left to left, replace weight onto right  
8&      Cross left in front of right, step right to right

## ¼ TURN, ½ PIVOT WITH HOOK, FORWARD SHUFFLE, FORWARD ROCK, LOCK STEP BACK

9      Cross left behind right  
10-11      Step on right with ¼ turn to right, step forward on left, pivot ½ turn to right keeping weight on left foot & hooking right foot across left shin  
12&13      Step forward on right, step left next to right, step forward on right  
14-15      Rock forward on left, replace weight onto right  
16&      Step back on left, lock right over in front of left

## CROSS, COMPLETE TURN, RIGHT MAMBO, STEP BACK, ¼ TRIPLE TURN

17      Step back on left  
18-19      Cross right in front of left, unwind a complete turn to left keeping weight on left foot  
20&21      Step out to right on right, step in place on left, cross right over left  
22-23      Step back on left, step right to right  
24&      Cross left in front of right, step back on right

## CROSS ROCK, COMPLETE TURN TO RIGHT, CROSS ROCK

25      Left to left with ¼ turn left  
26-27      Rock right across in front of left, replace weight on left  
28&29      Step right to right (¼ turn right), step together with left (½ turn right), step right to right(¼ turn right)  
30-31      Rock left across in front of right, replace weight on right  
32&      Step back diagonally on left, step in place on right

## REPEAT

For best effect this dance should be done with "Cuban motion" emphasizing the hip movements, creating a "Latin" feel.

If using Lee Ann Womack track "I Keep Forgetting", on the second-to-last wall, the music appears to break momentarily. Dance through. End the dance with a big finish with 1 foot forward and arms outstretched.