Bits & Pieces Polka



拍数: 48 墙数: 0 级数:

编舞者: Rick Bowen 音乐: Unknown



Position: Varsouvienne Position.

REPEAT

1-2	Step left forward, cross/slide right behind left.
3-4	Step left forward, brush right next to left.
5-6	Step right to right side, cross/step left behind right.
7-8	Step right to right side, brush left next to right.
9-10	Step left forward (release left hand), pivot ½ turn to right.
11-12	Repeat steps 9-10.
13&14	Step left forward, step right next to left, step left forward.
15&16	Step right forward, step left next to right, step right forward.
17-20	Grapevine left, brush right next to left.
21-22	Step right forward (release right hand), pivot ½ turn to left.
23-24	Repeat steps 21-22.
25-26	Step right forward, cross/step left slightly behind right.
27-28	Step right forward, pivot ¼ turn to right hitching left.
29-32	Grapevine left, pivot ¼ turn to right hitching left.
33&34	Step right back, step left next to right, step right back.
05.00	Down left forward to its /s worse is supported by dains a long lift, there is alightly forward 0.
35-36	Pump left forward twice (a pump is executed by doing a knee lift, then a slightly forward & down pumping action).
37&38	Step left back, step right next to left, step left back.
39-40	Pump right forward twice.
41-42	Step right forward (release right hand), pivot ½ turn to left.
43&44	Step right forward, step left next to right, step right forward.
45&46	Step left forward, step right next to left, step left forward.
47&48	Step right forward, step left next to right, step right forward.