

Birth Of The Blues

拍数: 32 墙数: 4 级数: Improver
编舞者: Carol Mckee (AUS)
音乐: Birth of the Blues - David Campbell



FORWARD, KICK, FORWARD, KICK, BACK, FORWARD, KICK, BACK, FORWARD FORWARD

- 1-2 Step left forward at 45 degrees left, kick right forward (11:00)
3-4 Step right forward at 45 degrees right, kick left forward (1:00)
&5-6 Step back on left, step right forward, kick left forward (1:00)
&7-8 Turning 45 degrees left step back on left, step right forward, step left forward (12:00)

SHUFFLE FORWARD, BOOGIE WALK, BOOGIE WALK, SHUFFLE FORWARD, ROCK BACK

- 1&2-3-4 Shuffle forward right-left-right, boogie walk left, boogie walk right
5&6-7-8 Shuffle forward left-right-left, step right forward, rock back onto left

½ TURN SHUFFLE, FORWARD, PIVOT, SHUFFLE FORWARD, SIDE, ROCK

- 1&2 Turning ½ turn right shuffle forward right-left-right (6:00)
3-4 Step left forward, pivot ½ turn right keeping weight on right (12:00)
5&6-7-8 Shuffle forward left-right-left, step right to right side, rock onto left

SAILOR STEP, ¼ TURN SAILOR STEP, SIDE, ROCK, SHUFFLE ACROSS

- 1&2-3&4 Sailor step right-left-right, turning ¼ turn left sailor step left-right-left (9:00)
5-6-7&8 Step right to right side, rock onto left, shuffle across right-left-right

REPEAT

TAG

At the end of wall 7 add the next 12 counts

- 1-2-3-4 Hip bumps x 4 left-right-left-right
5-6 Step left forward, pivot ½ turn right keeping weight on right
7-8 Step left forward, pivot ½ turn right keeping weight on right
1-2-3-4 Hip bumps x 4 left-right-left-right

FINISH DANCE

Dance to the end of wall 10 then add next 12 counts

- 1-2-3-4 Hip bumps x 4 left-right-left-right (6:00)
5-6 Step left forward, pivot ½ turn right keeping weight on right
7-8 Step left forward, pivot ½ turn right keeping weight on right
9-10 Step left forward, rock back onto right
11-12 Turning ½ turn left step left forward, stomp right forward (12:00)

Towards the end of the 7th wall music sounds about to finish. Keep dancing through it including the tag then restart dance 8th wall