

# Bing Bang

拍数: 32      墙数: 4      级数: Beginner polka  
编舞者: William Sevone (UK)  
音乐: Unknown



## 2X TAP SIDE-CROSS, FOOT SWITCH, TAP SIDE-CROSS, TAP SIDE, CROSS STEP (6:00)

1-2      Tap right toe to right side, cross tap right toe over left foot  
3-4      Tap right toe to right side, cross tap right toe over left foot  
&      Step right to right side  
5-6      Tap left toe to left side, cross tap left toe over right foot  
7-8      Tap left toe to left side, cross step left foot over right

## UNWIND ½ RIGHT WITH KNEE STEP, FORWARD MARCHING STEPS, STEP, PIVOT ½ LEFT (6:00)

9      Unwind ½ right - while lifting right knee & stamp right foot slightly forward (12:00)  
10-11      Lift left knee & stamp left foot slightly forward, lift right knee & stamp right foot slightly forward,  
12-13      Lift left knee & stamp left foot slightly forward, lift right knee & stamp right foot slightly forward  
14      Lift left knee & stamp left foot slightly forward  
15-16      Step forward onto right, pivot ½ left (6:00)

## STEP, PIVOT ½ LEFT, 2X SIDE-TOGETHER, 2X DRILL STEP (12:00)

17-18      Step forward onto right, pivot ½ left (12:00)  
19-20      Touch right toe to right side, step right next to left  
21-22      Touch left toe to left side, step left next to right  
23-24      (On the spot) lift right knee & stamp right foot to floor, lift left knee & stamp left foot to floor

## VARIATION

### 2X ¼ TURN JUMP, 2X KICK-TOGETHER, 2X DRILL STEP (12:00)

17-18      (Bringing feet together) jump up turning ¼ left, jump up turning turn ¼ left (12:00)  
19-20      Kick right foot diagonally left, step right next to left  
21-22      Kick left foot diagonally right, step left next to right  
23-24      (On the spot) lift right knee & stamp right foot to floor, lift left knee & stamp left foot to floor

## BACKWARD MARCHING STEPS, ¼ RIGHT SIDE, TOGETHER (3:00)

25-26      Lift right knee & stamp right foot slightly backward, lift left knee & stamp left foot slightly backward  
27-28      Lift right knee & stamp right foot slightly backward, lift left knee & stamp left foot slightly backward  
29-30      Lift right knee & stamp right foot slightly backward, lift left knee & stamp left foot slightly backward  
31-32      Turn ¼ right & step right to right side, step left next to right, (3:00)

## REPEAT

## DANCE FINISH

(Album version only) on count 16 of wall 8 the music finishes. Simply add raise hands above head and clap