

Big Rig

拍数: 48 墙数: 4 级数: Intermediate
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音乐: She Wants to Drive My Truck - Jim Wise



KICK-BALL CHANGE, HOLD TWICE

1&2 Kick right foot forward, step right next to left, change weight to left foot
3-4 Stomp right forward and hold
5&6 Repeat steps 1&2
7-8 Repeat steps 3-4

RIGHT AND LEFT SAILOR SHUFFLES, MONTEREY TURN

1 Cross step right foot behind left foot
& Step left foot next to right
2 Step right on right foot
3 Cross step left foot behind right foot
& Step right foot next to left
4 Step left on left foot
5 Touch right toe to right side
6 Pivot ½ turn to the right on left foot and step right next to left
7 Touch left toe to left side
8 Step left foot next to right

WALK FORWARD WITH KICK, WALK BACK WITH QUICK CROSS

1-3 Walk forward on right, left, right
4 Kick left foot forward
5-7 Walk back on left, right, left
& Step back on right foot
8 Cross left over right

SHUFFLE TO RIGHT, HEEL TAPS, SHUFFLE TO LEFT, HEEL TAPS

1&2 Step to right side on right foot, step left next to right foot, step to right side on right
3-4 Touch left heel forward twice
5&6 Step to left side on left, step right next to left, step to left side on left foot
7-8 Touch right heel forward twice

RIGHT SHUFFLE, ½ TURN, LEFT SHUFFLE, ¼ TURN

1&2 Step forward on right, bring left to meet right, step forward on right
4-5 Step forward on left, pivot ½ turn to the right, weight on right
5&6 Step forward on left, bring right to meet left, step forward on left
7-8 Step forward on right, pivot ¼ turn to the left, weight on left

HIP BUMPS

You know these moves. Do your thing!

1-2 Step out to right and bump hips to the right twice
3-4 Bump hips to the left twice
5-6 Bump hips to the right, bump hips to the left
7-8 Bump hips to the right, bump hips to the left

REPEAT

