

Big Mistake

拍数: 32 墙数: 4 级数:
编舞者: Zandra Varnham (SCO)
音乐: My Big Mistake - Delta Goodrem



ROCK BEHIND AND STEP TWICE BACK LEFT LOCK, BACK RIGHT COASTER STEP

1&2 Rock left behind right, step down on right, rock left to left side
3&4 Rock right behind left, step down on left, rock right to right side
5&6 Step left foot back, lock right foot in front of left foot, step left foot back
7&8 Step back on right foot, step left next to right, step forward on right

RIGHT LOCKS FORWARD, SWEEP, STEP, ROCK AND CROSS

& Step forward on left
1-2 Step right foot forward, lock left foot behind right
3&4 Step forward on right foot, lock left foot behind right, step forward on right
5-6 Sweep left foot round and in front of right, take the weight onto left foot
7&8 Rock right foot to right side, take weight onto left foot, cross right over left

SWAY HIPS, BEHIND AND CROSS, CHASSE RIGHT, BEHIND AND CROSS

1-2 Sway hips left, sway hips right
3&4 Cross step left foot behind right, step down on right, cross left over right
5&6 Step right to right side, step left next to right, step right to right side
7&8 Cross step left behind right, step down on right, cross left over right

ROCK RIGHT, ¼ TURN LEFT, STEP RIGHT, LOCK STEP, LUNGE FORWARD, 1 ½ TURN RIGHT

1&2 Rock right to right side, step down on left ¼ turning to left, step forward on right
3&4 Step forward on left foot, lock step right foot behind left, step forward on left
5-6 Rock forward on right, rock back on left
7&8 Step down on right ½ turning right, step back on left ½ turning right, step down on right ½ turning right

REPEAT
