

Big Man

拍数: 0 墙数: 2 级数: Intermediate west coast swing
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音乐: Big Man - Shannon Brown



Sequence: AB, AB, BBB

PART A

ROCK STEP FORWARD - COASTER STEP

1-2 Right rock step forward - replace weight on left
3&4 Right coaster step: right step back, left next right, right step forward
5-6 Left rock step forward - replace weight on right
7&8 Left coaster step: left step back, right next left, left step forward

TOE STRUT - MONTEREY TURN

1-2 Toe strut right forward
3-4 Toe strut left forward
5-6 Touch right foot to the right - right ½ turn on left foot and replace weight on right
7-8 Touch left foot to the left - together

1-16 Repeat the 16 first count

RIGHT VINE, BUMP - LEFT VINE, BUMP

1-4 Right foot to the right, cross left behind right, right foot to the right, left on place (2nd position)
5-8 Hip bumps left- right-left-right
1-4 Left foot to the left, cross right behind left, left foot to the left, right on place (2nd position)
5-8 Hip bumps right-left-right-left

PART B

KICK, TOUCH, SAILOR STEP (TWICE)

1-2 Kick right forward, touch right toe to the right
3&4 Cross right behind left, left foot to the left, right to right side
5-6 Kick left forward, touch left toe to the left
7&8 Cross left behind right, right foot to the right, left to left side

TRIPLE STEP FORWARD RIGHT, TRIPLE STEP FORWARD RIGHT, TRIPLE STEP WITH ½ TURN LEFT, COASTER STEP

1&2 Triple step forward right, left (3rd position), right
3&4 Triple step forward left, right (3rd position), left
5&6 Triple step: right foot to the right with ¼ turn left, left next to the right, right back with ¼ turn left
7&8 Step back with left, step back with right next to left, step forward with left

WIZARD STEPS

1-2& Step right diagonally forward right, lock left behind right step, right to the right
3-4& Step left diagonally forward left, lock right behind left, step left to the left
5-6& Step right diagonally forward right, back left behind right, step right to the right
7-8 Step left forward, touch right next to left

BACK TRIPLE STEP TWICE - PIVOT ½ TURN TWICE

1&2 Triple steps back right, left (3rd position), right
3&4 Triple steps back left, right (3rd position), left

5-6 Right step forward, pivot $\frac{1}{2}$ turn left
7-8 Right step forward, pivot $\frac{1}{2}$ turn left

FORWARD TRIPLE STEP TWICE, PIVOT TURN TWICE

1&2 Triple step forward right, left (3rd position), right
3&4 Triple step forward left, right (3rd position), left
5-6 Right step forward, pivot $\frac{1}{2}$ turn left
7-8 Right step forward, pivot $\frac{1}{2}$ turn left
